

## Overall Gender Results

## 5K Run/Walk - 3.1 Miles

## Female 50

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/50	JASPERS, KARA	818	23:06.450	04:37	07:25	5K30-39F	1/12	8/100	REDCLIFF, AB
2/50	BOSCHEE, TARYN	576	25:07.902	05:01	08:04	5K19-29F	1/10	11/100	MEDICINE HAT, AB
3/50	KAKUK, BROOKLYNN	655	25:27.522	05:05	08:11	5K12&UF	1/4	13/100	MEDICINE HAT, AB
4/50	EMERSON, SHERI	601	25:30.358	05:06	08:12	5K50+F	1/10	14/100	MEDICINE HAT, AB
5/50	GAUTHIER, HEATHER	609	26:11.628	05:14	08:25	5K50+F	2/10	18/100	LETHBRIDGE, AB
6/50	SHAGIN, ABIGAIL	741	28:06.355	05:37	09:02	5K12&UF	2/4	24/100	WETASKIWIN, AB
7/50	JESSE, MEGAN	653	28:22.880	05:40	09:07	5K19-29F	2/10	26/100	MEDICINE HAT, AB
8/50	SCHERER, JILL	733	28:30.543	05:42	09:10	5K30-39F	2/12	27/100	MEDICINE HAT, AB
9/50	TREEN, MELANIE	783	28:33.940	05:42	09:11	5K40-49F	1/11	29/100	MEDICINE HAT, AB
10/50	LANZ, KYLA	675	28:38.159	05:43	09:12	5K19-29F	3/10	30/100	MEDICINE HAT, AB
11/50	VIS, TESSA	796	28:40.247	05:44	09:13	5K12&UF	3/4	31/100	REDCLIFF, AB
12/50	HOCHLANDER, KEILY	637	29:17.624	05:51	09:25	5K30-39F	3/12	33/100	MEDICINE HAT, AB
13/50	VARGAS, ISIS	785	29:17.768	05:51	09:25	5K30-39F	4/12	34/100	MEDICINE HAT, AB
14/50	HENDRY, JODIE	633	29:28.245	05:53	09:28	5K30-39F	5/12	35/100	LETHBRIDGE, AB
15/50	ALBERS, EDEN	549	29:56.861	05:59	09:37	5K13-18F	1/3	37/100	MEDICINE HAT, AB
16/50	WIEBE, ANNA	802	31:09.118	06:13	10:01	5K30-39F	6/12	40/100	MEDICINE HAT, AB
17/50	DESCHAMPS, DANIELLE	595	32:26.789	06:29	10:25	5K19-29F	4/10	44/100	MEDICINE HAT, AB
18/50	BAKER, ANITA	560	32:28.452	06:29	10:26	5K40-49F	2/11	45/100	DUNNORE, AB
19/50	ZAHN, JENNIFER	807	32:38.015	06:31	10:29	5K50+F	3/10	49/100	MEDICINE HAT, AB
20/50	BELL, ARIANN	810	32:38.343	06:31	10:29	5K30-39F	7/12	50/100	MEDICINE HAT, AB
21/50	SLACK, DEBORAH	754	33:02.883	06:36	10:37	5K30-39F	8/12	51/100	DESERT BLUME, AB
22/50	SMART, COURTNEY	759	33:36.913	06:43	10:48	5K40-49F	3/11	52/100	MEDICINE HAT, AB
23/50	WHEELER, SARAH	800	33:42.806	06:44	10:50	5K50+F	4/10	53/100	MEDICINE HAT, AB
24/50	STIGTER, MICHELLE	777	34:10.546	06:50	10:59	5K40-49F	4/11	54/100	REDCLIFF, AB
25/50	KNAPP, LEAH	825	34:37.474	06:55	11:07	5K30-39F	9/12	58/100	MEDICINE HAT, AB
26/50	HICKEY, KEIRSTEN	635	35:21.488	07:04	11:22	5K30-39F	10/12	60/100	MEDICINE HAT, AB
27/50	MEIER, SHAWNA	699	35:45.700	07:09	11:29	5K40-49F	5/11	61/100	MEDICINE HAT, AB
28/50	WEIMER, HANNAH	799	39:46.005	07:57	12:47	5K30-39F	11/12	67/100	MEDICINE HAT, AB
29/50	WHEELER, SOPHIE	801	39:47.710	07:57	12:47	5K19-29F	5/10	68/100	MEDICINE HAT, AB
30/50	HEESE, CAROL	629	39:49.959	07:57	12:48	5K40-49F	6/11	69/100	MEDICINE HAT, AB
31/50	LIESKE, SHARON	683	40:06.109	08:01	12:53	5K40-49F	7/11	70/100	MEDICINE HAT, AB
32/50	ALBERS, FAITH	552	42:37.963	08:31	13:42	5K19-29F	6/10	71/100	MEDICINE HAT, AB
33/50	MADSEN, CRIMSON	688	43:42.128	08:44	14:03	5K40-49F	8/11	73/100	MEDICINE HAT, AB
34/50	HARDER, RACHEAL	624	43:57.269	08:47	14:07	5K13-18F	2/3	74/100	LETHBRIDGE COUNTY, AB
35/50	HUNT, CHARLIZE	641	49:00.316	09:48	15:45	5K19-29F	7/10	76/100	MEDICINE HAT, AB
36/50	ALBERS, ELIZABETH	550	49:00.975	09:48	15:45	5K19-29F	8/10	77/100	MEDICINE HAT, AB
37/50	BARRIENTOS, JUNEAU	567	49:54.265	09:58	16:02	5K12&UF	4/4	78/100	MEDICINE HAT, AB
38/50	UTRERA, WALESKA	784	49:55.158	09:59	16:03	5K50+F	5/10	79/100	MEDICINE HAT, AB
39/50	HAWEE, MARIA	626	51:16.507	10:15	16:29	5K40-49F	9/11	81/100	MEDICINE HAT, AB
40/50	HAWEE, SHALOM	628	51:16.695	10:15	16:29	5K13-18F	3/3	82/100	MEDICINE HAT, AB
41/50	BROWN, TAMMY	582	51:27.663	10:17	16:32	5K40-49F	10/11	83/100	MEDICINE HAT, AB
42/50	DEMAN, DALLAS R	594	51:28.600	10:17	16:33	5K50+F	6/10	84/100	MEDICINE HAT, AB
43/50	JANSSON, LAUREN	816	51:52.221	10:22	16:40	5K30-39F	12/12	86/100	MEDICINE HAT, AB
44/50	PAHL, SARAH	710	52:07.507	10:25	16:45	5K19-29F	9/10	88/100	MEDICINE HAT, AB
45/50	GYORKOS, TERESA	615	57:22.902	11:28	18:27	5K50+F	7/10	90/100	MEDICINE HAT, AB
46/50	MACPHAIL, SHELBY	687	57:45.918	11:33	18:34	5K19-29F	10/10	93/100	MEDICINE HAT, AB
47/50	GRAHAM, YVONNE	613	58:04.410	11:36	18:40	5K50+F	8/10	94/100	MEDICINE HAT, AB
48/50	SPARKES, MARILYN	767	58:05.535	11:37	18:40	5K50+F	9/10	95/100	MEDICINE HAT, AB
49/50	KUDRIASHOVA, SVITLANA	673	58:08.230	11:37	18:41	5K40-49F	11/11	97/100	MEDICINE HAT, AB
50/50	SMID, DAWN	761	1:01:34.646	12:18	19:47	5K50+F	10/10	98/100	ROCKY MOUNTAIN HOUSE, AB

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## Male 50

Gender	Name	Bib#	Time	Pace/K	Pace/M	Category	Cat	O/A	City
1/50	JORDET, ODIN	822	18:24.830	03:40	05:55	5K13-18M	1/17	1/100	CYPRESS COUNTY, AB
2/50	MESHEN, GAVIN	700	19:30.418	03:54	06:16	5K13-18M	2/17	2/100	MEDICINE HAT, AB
3/50	VIS, ANDREW	787	19:59.922	03:59	06:25	5K13-18M	3/17	3/100	REDCLIFF, AB
4/50	VIS, DIRK	791	19:59.960	03:59	06:25	5K40-49M	1/8	4/100	REDCLIFF, AB
5/50	LINFORD, KADE	684	21:46.882	04:21	07:00	5K13-18M	4/17	5/100	WALSH, AB
6/50	HOZACK, IRA	814	22:22.061	04:28	07:11	5K13-18M	5/17	6/100	MEDICINE HAT, AB
7/50	MCLEAN, IAN	695	22:42.311	04:32	07:18	5K30-39M	1/2	7/100	MEDICINE HAT, AB
8/50	JANZEN, TEO	651	24:01.599	04:48	07:43	5K12&UM	1/9	9/100	CALGARY, AB
9/50	KNAPP, JACKSON	658	24:43.225	04:56	07:56	5K12&UM	2/9	10/100	MEDICINE HAT, AB
10/50	CHARLES, RICHARDSON	589	25:26.929	05:05	08:10	5K30-39M	2/2	12/100	MEDICINE HAT, AB
11/50	BURK, ANSON	583	25:36.075	05:07	08:13	5K12&UM	3/9	15/100	MEDICINE HAT, AB
12/50	SHAGIN, ELIJAH	742	26:00.170	05:12	08:21	5K40-49M	2/8	16/100	WETASKIWIN, AB
13/50	GARDNER, CALLUM	608	26:03.004	05:12	08:22	5K19-29M	1/4	17/100	CALGARY, AB
14/50	MATERI, JACKSON	691	26:12.193	05:14	08:25	5K19-29M	2/4	19/100	MEDICINE HAT, AB
15/50	SWAREN, LOGAN	782	26:25.998	05:17	08:29	5K19-29M	3/4	20/100	MEDICINE HAT, AB
16/50	GONZALEZ, RODRIGO	610	27:04.036	05:24	08:42	5K13-18M	6/17	21/100	MEDICINE HAT, AB
17/50	THOM, JAETIN	838	27:15.425	05:27	08:45	5K13-18M	7/17	22/100	DUCHESS,
18/50	JANZEN, AARON	645	27:37.832	05:31	08:53	5K40-49M	3/8	23/100	CALGARY, AB
19/50	CURLISS, ETHAN	836	28:07.716	05:37	09:02	5K13-18M	8/17	25/100	MED HAT, `
20/50	KREUGER, LONDON	671	28:33.308	05:42	09:10	5K13-18M	9/17	28/100	MEDICINE HAT, AB
21/50	REINHARDT, DEXTER	726	29:08.746	05:49	09:22	5K13-18M	10/17	32/100	MEDICINE HAT, AB
22/50	ALBERS, ETHAN	551	29:56.437	05:59	09:37	5K12&UM	4/9	36/100	MEDICINE HAT, AB
23/50	OSORIO VARGAS, MANUEL	707	30:15.775	06:03	09:43	5K40-49M	4/8	38/100	MEDICINE HAT, AB
24/50	STIGTER, COHEN	773	30:51.563	06:10	09:55	5K12&UM	5/9	39/100	REDCLIFF, AB
25/50	NASH, GEOFF	704	31:33.844	06:18	10:08	5K50+M	1/10	41/100	LETHBRIDGE, AB
26/50	HARDER, THOMAS	625	31:43.177	06:20	10:11	5K13-18M	11/17	42/100	LETHBRIDGE COUNTY, AB
27/50	BARTSCH, LINCOLN	809	31:43.216	06:20	10:11	5K13-18M	12/17	43/100	MEDICINE HAT, AB
28/50	PARRY, ANDREW	714	32:33.022	06:30	10:27	5K40-49M	5/8	46/100	MEDICINE HAT, AB
29/50	KLEIN, TIMOTHY	823	32:37.757	06:31	10:29	5K50+M	2/10	47/100	MEDICINE HAT, AB
30/50	BARBOUR, FINN	563	32:37.758	06:31	10:29	5K13-18M	13/17	48/100	CYPRESS COUNTY, AB
31/50	STIGTER, JEFF	775	34:11.481	06:50	10:59	5K40-49M	6/8	55/100	REDCLIFF, AB
32/50	KREUGER, GREG	668	34:29.903	06:53	11:05	5K40-49M	7/8	56/100	MEDICINE HAT, AB
33/50	BARBOUR, DANIEL	562	34:36.209	06:55	11:07	5K40-49M	8/8	57/100	CYPRESS COUNTY, AB
34/50	WHEELER, JASON	839	34:56.756	06:59	11:14	5K50+M	3/10	59/100	MEDICINE HAT, AB
35/50	GUDLAUGSON, JUDE	614	36:08.339	07:13	11:37	5K12&UM	6/9	62/100	MEDICINE HAT, AB
36/50	KNAPP, COHEN	657	36:09.422	07:13	11:37	5K12&UM	7/9	63/100	MEDICINE HAT, AB
37/50	LIESKE, JAMES	682	39:03.954	07:48	12:33	5K50+M	4/10	64/100	MEDICINE HAT, AB
38/50	STEHR, ROB	837	39:04.107	07:48	12:33	5K50+M	5/10	65/100	MED HAT,
39/50	SHAGIN, GIDEON	744	39:19.585	07:51	12:38	5K12&UM	8/9	66/100	WETASKIWIN, AB
40/50	BARTSCH, KEEGAN	808	42:49.699	08:33	13:46	5K13-18M	14/17	72/100	MEDICINE HAT, AB
41/50	PAQUET, NICOLAS	713	46:47.311	09:21	15:02	5K13-18M	15/17	75/100	MEDICINE HAT, AB
42/50	HAWEE, MIKAEL	627	51:16.462	10:15	16:29	5K50+M	6/10	80/100	MEDICINE HAT, AB
43/50	JANSSON, JACK	815	51:49.086	10:21	16:39	5K12&UM	9/9	85/100	MEDICINE HAT, AB
44/50	PAHL, STEVEN	711	52:06.940	10:25	16:45	5K50+M	7/10	87/100	MEDICINE HAT, AB
45/50	DAVIES, NATHAN	812	55:51.894	11:10	17:57	5K13-18M	16/17	89/100	MEDICINE HAT, AB
46/50	LANGAT, NICHOLAS	674	57:25.080	11:29	18:27	5K50+M	8/10	91/100	MEDICINE HAT, AB
47/50	SPARKES, JOSH	766	57:44.816	11:32	18:34	5K19-29M	4/4	92/100	MEDICINE HAT, AB
48/50	SPARKES, BRUCE	763	58:08.183	11:37	18:41	5K50+M	9/10	96/100	MEDICINE HAT, AB
49/50	OLIVEIRA, FELIPE	706	1:01:45.561	12:21	19:51	5K13-18M	17/17	99/100	MEDICINE HAT, AB
50/50	SMID, HANK	762	1:02:11.322	12:26	19:59	5K50+M	10/10	100/100	ROCKY MOUNTAIN HOUSE,