

Alpha Overall Results

10K/6.21 Miles

434 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
347/434	ADAM, CONNIE	3101	01:15:58.75	07:35	10K30-39F	95/125	F	224/293	01:15:29.85
139/434	ADAMS, JACKIE	3102	01:01:31.85	06:09	10K30-39F	26/125	F	61/293	01:01:17.55
42/434	ADAMS, JOSHUA	3104	00:52:04.15	05:12	10K15&UM	3/11	M	35/141	00:52:00.95
360/434	AHLSTEDT, DARRON	3107	01:17:10.15	07:43	10K40-49M	25/28	M	124/141	01:17:03.75
426/434	ALBRECHT, JESSICA	3604	01:38:43.00	09:52	10K30-39F	125/125	F	288/293	01:38:12.90
340/434	ALLARD, JENNIFER	3108	01:15:33.00	07:33	10K40-49F	47/63	F	219/293	01:15:14.35
288/434	ALLARD, RICK	3109	01:11:15.85	07:07	10K40-49M	23/28	M	112/141	01:11:08.25
227/434	ANDERSON, WHITNEY	3110	01:06:52.50	06:41	10K20-29F	22/46	F	129/293	01:06:39.05
417/434	ANDERSON TRITHART, MELISSA	3111	01:32:25.05	09:14	10K30-39F	121/125	F	281/293	01:32:14.65
404/434	ANDRE, RACHELLE	3112	01:27:52.50	08:47	10K30-39F	116/125	F	271/293	01:27:28.65
172/434	ANSTEY, NICOLE	3113	01:03:43.10	06:22	10K30-39F	42/125	F	88/293	01:03:40.20
13/434	ARMSTRONG, ANDREW	3114	00:46:27.45	04:38	10K16-19M	2/5	M	13/141	00:46:23.60
283/434	ARMSTRONG, NICOLE	3115	01:10:30.90	07:03	10K30-39F	78/125	F	173/293	01:10:16.90
209/434	ARSENEAU, ANN	3116	01:05:50.85	06:35	10K50-59F	7/28	F	114/293	01:05:45.60
72/434	ASPRINO, OSWALDO	3434	00:56:17.45	05:37	10K30-39M	17/42	M	50/141	00:56:11.10
174/434	ASTELS, SHARLA	3117	01:03:47.80	06:22	10K30-39F	44/125	F	90/293	01:03:36.30
341/434	AUSTIN, KAREN	3118	01:15:35.10	07:33	10K30-39F	92/125	F	220/293	01:15:18.70
254/434	BAILLIE, ASHLEY	3119	01:08:49.00	06:52	10K20-29F	29/46	F	147/293	01:08:39.65
325/434	BAIN, NANCY	3308	01:13:40.25	07:22	10K60-69F	8/11	F	209/293	01:13:33.65
305/434	BALL, TANNIS	3120	01:12:02.85	07:12	10K60-69F	5/11	F	191/293	01:11:56.80
231/434	BARKER, DENYSE	3123	01:07:06.25	06:42	10K30-39F	62/125	F	133/293	01:06:43.85
352/434	BARTEK, IVA	3124	01:16:38.70	07:39	10K40-49F	48/63	F	229/293	01:16:19.00
433/434	BATES, PENNY	3125	01:44:19.10	10:25	10K50-59F	28/28	F	292/293	01:43:53.00
15/434	BEAUCHAMP, LEONARD	3127	00:46:58.25	04:41	10K60-69M	2/12	M	15/141	00:46:56.45
306/434	BELBIN, JACQUELINE	3128	01:12:17.40	07:13	10K30-39F	82/125	F	192/293	01:12:02.45
384/434	BENDER, SARA	3130	01:21:53.75	08:11	10K30-39F	107/125	F	254/293	01:21:45.55
68/434	BENSON, TIFFANY	3132	00:55:59.05	05:35	10K16-19F	1/10	F	21/293	00:55:51.30
78/434	BERTSCH, ERIN	3133	00:56:58.85	05:41	10K30-39F	15/125	F	25/293	00:56:38.65
47/434	BILLAN, SCOTT	3134	00:52:19.70	05:13	10K50-59M	4/26	M	37/141	00:52:12.70
241/434	BLAIR, SHELLEY	3135	01:07:39.85	06:45	10K20-29F	25/46	F	139/293	01:07:37.25
385/434	BLAIS, CHRISTIE	3136	01:22:19.25	08:13	10K30-39F	108/125	F	255/293	01:22:06.35
165/434	BLINKHORN, KAYLA	3137	01:03:20.30	06:20	10K20-29F	13/46	F	81/293	01:03:16.70
271/434	BLOCKSOM, JILL	3138	01:09:44.35	06:58	10K30-39F	75/125	F	162/293	01:09:39.25
383/434	BLUNDRED, MELISSA	3615	01:21:22.15	08:08	10K20-29F	43/46	F	253/293	01:20:58.05
319/434	BOWLES, CAYLEY	3142	01:13:03.55	07:18	10K30-39F	85/125	F	203/293	01:12:40.15
80/434	BOWMAN, PAULA	3143	00:57:04.35	05:42	10K30-39F	16/125	F	27/293	00:56:59.65
127/434	BOYCE, VINCE	3144	01:00:36.75	06:03	10K50-59M	8/26	M	75/141	01:00:22.15
255/434	BRANCONNIER, MARLA	3145	01:09:00.00	06:54	10K30-39F	68/125	F	148/293	01:08:41.70
107/434	BRASETH, KRISTY	3328	00:58:46.80	05:52	10K20-29F	6/46	F	42/293	00:58:45.30
416/434	BREITMEIER, PATRICIA	3146	01:31:00.90	09:06	10K30-39F	120/125	F	280/293	01:30:47.40
204/434	BROCKLEY, MIKE	3148	01:05:32.95	06:33	10K20-29M	11/16	M	92/141	01:05:22.85
348/434	BROWN, CATHERINE	3149	01:16:06.40	07:36	10K50-59F	19/28	F	225/293	01:15:46.90
196/434	BUNKER, JAMES	3152	01:05:05.50	06:30	10K50-59M	13/26	M	89/141	01:05:00.95
150/434	BURDICK, KIMBERLY	3153	01:02:35.60	06:15	10K20-29F	11/46	F	70/293	01:02:27.85
274/434	BURZUK, MARILYN	3154	01:09:49.20	06:58	10K40-49F	33/63	F	165/293	01:09:29.05
24/434	CADMAN, SHEILA	3155	00:48:11.30	04:49	10K30-39F	2/125	F	4/293	00:48:10.70
117/434	CALLAN, JENNY	3156	00:59:15.90	05:55	10K30-39F	22/125	F	48/293	00:59:11.50
309/434	CALLICOTT, DIANE	3157	01:12:25.15	07:14	10K60-69F	6/11	F	195/293	01:12:01.15
143/434	CALLICOTT, HEATHER	3158	01:02:03.10	06:12	10K30-39F	29/125	F	64/293	01:01:51.90
144/434	CALLICOTT, TYLER	3159	01:02:03.60	06:12	10K30-39M	26/42	M	80/141	01:01:53.00
399/434	CAMPBELL, DAWNA	3160	01:25:26.60	08:32	10K40-49F	57/63	F	267/293	01:25:06.90
195/434	CAMPBELL, MICHELLE	3351	01:05:05.45	06:30	10K30-39F	53/125	F	107/293	01:04:48.70
214/434	CARL, SHANE	3161	01:06:00.35	06:36	10K30-39M	31/42	M	96/141	01:05:54.70
105/434	CARLSON, TERRI	3162	00:58:40.10	05:52	10K50-59F	4/28	F	41/293	00:58:24.15
226/434	CERRY, KATIE	3164	01:06:36.45	06:39	10K30-39F	60/125	F	128/293	01:06:22.40
1/434	CHRIST, ADRIAN	3166	00:36:46.65	03:40	10K16-19M	1/5	M	1/141	00:36:46.35
19/434	CHRIST, ALBERT	3167	00:47:34.15	04:45	10K50-59M	2/26	M	17/141	00:47:32.05
280/434	CHRISTENSON, AMY	3168	01:10:27.25	07:02	10K20-29F	33/46	F	171/293	01:10:09.65
147/434	CHRISTIANSEN, VICTORIA	3169	01:02:18.05	06:13	10K30-39F	32/125	F	67/293	01:02:10.90
112/434	CHUNG, CARISSA	3170	00:59:04.95	05:54	10K20-29F	7/46	F	45/293	00:58:57.75
161/434	CHUNG, JORDAN	3171	01:03:11.40	06:19	10K15&UM	10/11	M	83/141	01:03:04.25
162/434	CHUNG, MELISSA	3172	01:03:13.25	06:19	10K40-49F	16/63	F	79/293	01:03:05.95
55/434	COLE, CATHERINE	3174	00:53:58.20	05:23	10K30-39F	9/125	F	13/293	00:53:55.15
351/434	COULTER, LEANNE	3178	01:16:37.15	07:39	10K30-39F	97/125	F	228/293	01:16:34.10
381/434	COUTURIER, CHRISTINE	3180	01:21:16.30	08:07	10K50-59F	24/28	F	251/293	01:20:52.50
406/434	COUVE, MANDY	3181	01:28:24.90	08:50	10K40-49F	61/63	F	273/293	01:28:05.55

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
301/434	COUVE, SARAH	3182	01:11:51.60	07:11	10K16-19F	8/10	F	188/293	01:11:31.25
275/434	COZENS, KLARA	3183	01:09:51.55	06:59	10K20-29F	32/46	F	166/293	01:09:43.35
11/434	COZENS, TIM	3184	00:45:53.55	04:35	10K20-29M	3/16	M	11/141	00:45:52.40
123/434	CUBBY, STEVE	3187	00:59:42.60	05:58	10K50-59M	7/26	M	74/141	00:59:22.90
289/434	DANYLUK, LYNN	3188	01:11:18.00	07:07	10K60-69F	4/11	F	177/293	01:11:18.00
62/434	DARLING, ROBYN	3189	00:55:11.25	05:31	10K30-39F	11/125	F	17/293	00:55:07.30
316/434	DAVIS-PATSULA, NANCY	3191	01:12:43.70	07:16	10K40-49F	43/63	F	200/293	01:12:25.60
198/434	DELL, JOSIE	3193	01:05:15.10	06:31	10K20-29F	17/46	F	109/293	01:05:02.40
200/434	DELL, NAN	3194	01:05:16.15	06:31	10K40-49F	24/63	F	111/293	01:05:04.50
50/434	DELL, TIM	3195	00:53:17.30	05:19	10K40-49M	9/28	M	39/141	00:53:06.55
408/434	DELOS-REYES, DENNIS	3196	01:29:08.75	08:54	10K50-59M	25/26	M	134/141	01:28:52.30
164/434	DERKSEN, BRYAN	3199	01:03:20.05	06:20	10K60-69M	7/12	M	84/141	01:03:09.25
279/434	DESJARDINS, KIM	3200	01:10:26.55	07:02	10K40-49F	35/63	F	170/293	01:10:11.25
297/434	DETARANDO, DAWN	3201	01:11:42.00	07:10	10K40-49F	39/63	F	184/293	01:11:37.55
287/434	DILLEN, MIKE	3202	01:11:08.25	07:06	10K30-39M	37/42	M	111/141	01:10:49.85
191/434	DODMAN, STEFN	3203	01:04:56.95	06:29	10K20-29M	10/16	M	87/141	01:04:32.80
367/434	DONALD, JOAN	3205	01:18:17.40	07:49	10K50-59F	21/28	F	241/293	01:18:09.30
181/434	DONALD, JOHN	3206	01:04:24.45	06:26	10K50-59M	11/26	M	85/141	01:04:16.90
32/434	DOUGLAS, DEVON	3208	00:50:44.75	05:04	10K30-39M	10/42	M	27/141	00:50:30.85
334/434	DOUGLAS, JAKOBY	3209	01:14:34.25	07:27	10K30-39F	90/125	F	214/293	01:14:17.80
294/434	DOWNIE, ANGELE	3210	01:11:40.20	07:10	10K50-59F	13/28	F	181/293	01:11:16.75
138/434	DOWNIE, DAWSON	3211	01:01:30.10	06:09	10K15&UM	9/11	M	78/141	01:01:07.90
326/434	DUPLESSIS, RENEE	3212	01:13:40.55	07:22	10K40-49F	44/63	F	210/293	01:13:20.05
273/434	DWIGHT, CARALEE	3213	01:09:48.90	06:58	10K40-49F	32/63	F	164/293	01:09:28.10
8/434	DYCK, KENT	3214	00:44:56.70	04:29	10K30-39M	4/42	M	8/141	00:44:55.60
314/434	DYCK, STACEY	3215	01:12:38.10	07:15	10K30-39F	83/125	F	199/293	01:12:25.60
315/434	DYCK, STEVE	3216	01:12:38.35	07:15	10K30-39M	38/42	M	116/141	01:12:25.65
293/434	EBENAL, LAURA	3217	01:11:33.65	07:09	10K16-19F	7/10	F	180/293	01:11:26.05
327/434	ECKERT, STEVE	3218	01:13:40.80	07:22	10K30-39M	39/42	M	117/141	01:13:31.15
350/434	ELLIOTE, ANGEL	3219	01:16:26.30	07:38	10K16-19F	10/10	F	227/293	01:16:07.10
225/434	ENNS, GERALIS	3220	01:06:33.70	06:39	10K20-29F	21/46	F	127/293	01:06:12.60
342/434	ERICHSEN, CRAIG	3221	01:15:35.25	07:33	10K40-49M	24/28	M	122/141	01:15:19.15
262/434	ERZA, ANGELA	3222	01:09:15.45	06:55	10K30-39F	70/125	F	153/293	01:08:58.85
109/434	ERZA, KELLY	3223	00:58:56.80	05:53	10K40-49M	17/28	M	66/141	00:58:39.75
335/434	EUFEMIA, CANDICE	3224	01:14:34.45	07:27	10K40-49F	45/63	F	215/293	01:14:18.35
170/434	FELTIN, ROBYN	3225	01:03:35.65	06:21	10K30-39F	41/125	F	86/293	01:03:19.35
331/434	FENC, DALE	3226	01:14:08.60	07:24	10K60-69M	8/12	M	119/141	01:13:49.15
167/434	FISCHER, LISA	3585	01:03:29.25	06:20	10K30-39F	38/125	F	83/293	01:03:19.80
368/434	FLAKSTAD, KRYSTAL	3227	01:18:23.15	07:50	10K30-39F	103/125	F	242/293	01:18:17.60
311/434	FONTAINE, ANIK	3228	01:12:31.65	07:15	10K20-29F	37/46	F	196/293	01:12:21.35
355/434	FOWLER, RENEE	3176	01:16:53.75	07:41	10K30-39F	99/125	F	232/293	01:16:37.25
286/434	FRANK, REECE	3230	01:11:05.60	07:06	10K15&UF	7/9	F	176/293	01:11:03.95
183/434	FRASER, COURTNEY	3231	01:04:33.60	06:27	10K20-29F	15/46	F	98/293	01:04:20.05
100/434	FRASER, TOM	3232	00:58:26.10	05:50	10K20-29M	8/16	M	63/141	00:58:12.65
58/434	FREDRICKSON, PAIGE	3233	00:54:38.55	05:27	10K20-29F	1/46	F	15/293	00:54:33.50
31/434	FURNESS, ROB	3525	00:50:43.65	05:04	10K60-69M	3/12	M	26/141	00:50:41.30
356/434	GABLE, TANYA	3236	01:16:56.50	07:41	10K40-49F	50/63	F	233/293	01:16:33.40
303/434	GASTRELL, KAYLAH	3237	01:11:59.85	07:11	10K20-29F	36/46	F	190/293	01:11:41.90
308/434	GEFLE, PATRICIA	3238	01:12:19.55	07:13	10K50-59F	15/28	F	194/293	01:11:53.15
263/434	GERVAIS, KAREN	3239	01:09:21.20	06:56	10K30-39F	71/125	F	154/293	01:09:13.50
420/434	GILES, JERAN	3240	01:33:21.70	09:20	10K30-39F	124/125	F	284/293	01:33:10.35
397/434	GILLARD, MANDIE	3241	01:25:05.50	08:30	10K30-39F	113/125	F	265/293	01:24:42.80
70/434	GOLLER, BRET	3242	00:56:05.55	05:36	10K15&UM	4/11	M	49/141	00:56:01.55
220/434	GONDA, NATASHA	3244	01:06:22.40	06:38	10K20-29F	19/46	F	123/293	01:06:08.65
349/434	GONZALEZ, ERIKA	3245	01:16:11.05	07:37	10K30-39F	96/125	F	226/293	01:15:49.45
44/434	GONZALEZ, PEDRO	3246	00:52:13.75	05:13	10K30-39M	12/42	M	36/141	00:52:07.05
187/434	GOSELIN, ANGELA	3247	01:04:36.85	06:27	10K40-49F	21/63	F	101/293	01:04:23.85
194/434	GRAHAM, CRYSTAL	3249	01:05:04.05	06:30	10K40-49F	22/63	F	106/293	01:04:45.35
291/434	GRAHAM, LAYTON	3602	01:11:32.55	07:09	10K50-59M	20/26	M	113/141	01:11:24.35
142/434	GRAHAM, SCOTT	3250	01:01:50.50	06:11	10K50-59M	9/26	M	79/141	01:01:31.15
277/434	GRANT, SANDRA	3251	01:10:12.75	07:01	10K40-49F	34/63	F	168/293	01:09:51.60
353/434	GRAY, SHIRLEY	3252	01:16:43.10	07:40	10K40-49F	49/63	F	230/293	01:16:25.70
53/434	GREEN, BRIDGET	3163	00:53:31.10	05:21	10K30-39F	8/125	F	12/293	00:53:18.45
111/434	GREEN, KAREN	3253	00:59:01.55	05:54	10K15&UF	4/9	F	44/293	00:58:43.45
403/434	GREEN, NICOLE	3254	01:26:38.60	08:39	10K30-39F	115/125	F	270/293	01:26:17.75
213/434	GREENBERG, DANIELLE	3255	01:06:00.05	06:36	10K30-39F	55/125	F	118/293	01:05:40.85

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O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
43/434	GREGG, MEGAN	3257	00:52:11.70	05:13	10K30-39F	6/125	F	8/293	00:52:07.45
140/434	GREYLING, MARTIE	3258	01:01:43.60	06:10	10K30-39F	27/125	F	62/293	01:01:33.05
124/434	GROVET, KAITLIN	3259	00:59:59.70	05:59	10K20-29F	9/46	F	50/293	00:59:53.50
46/434	GUENTHER, CAROL	3260	00:52:17.45	05:13	10K50-59F	1/28	F	10/293	00:52:16.90
238/434	GUST, JENNIFER	3261	01:07:31.95	06:45	10K20-29F	24/46	F	137/293	01:07:13.55
362/434	HAGEN, BEVERLY	3262	01:17:32.70	07:45	10K50-59F	20/28	F	237/293	01:17:18.50
228/434	HAMBLY, MELISSA	3263	01:06:53.10	06:41	10K20-29F	23/46	F	130/293	01:06:33.00
33/434	HAMILTON, BRAD	3264	00:51:06.20	05:06	10K40-49M	6/28	M	28/141	00:50:59.30
253/434	HAMILTON, BRENDA	3265	01:08:48.65	06:52	10K30-39F	67/125	F	146/293	01:08:39.05
94/434	HANLON, GAREY	3266	00:57:54.80	05:47	10K50-59M	6/26	M	60/141	00:57:39.65
168/434	HANNA, AMANDA	3267	01:03:33.15	06:21	10K30-39F	39/125	F	84/293	01:03:27.85
48/434	HARBINSON, EVAN	3269	00:52:38.35	05:15	10K40-49M	8/28	M	38/141	00:52:31.85
82/434	HARRINGTON, CAROLINE	3151	00:57:05.80	05:42	10K30-39F	17/125	F	28/293	00:56:59.65
222/434	HARRIS, WENDY	3270	01:06:32.45	06:39	10K30-39F	59/125	F	125/293	01:06:13.85
153/434	HARTMAN, JO-ANN	3271	01:02:38.55	06:15	10K30-39F	35/125	F	72/293	01:02:28.75
37/434	HASTINGS, KENDON	3272	00:51:17.70	05:07	10K20-29M	4/16	M	32/141	00:51:14.10
173/434	HAWKEYE, GEORGINA	3273	01:03:46.55	06:22	10K30-39F	43/125	F	89/293	01:03:32.65
317/434	HEATH, PATTY	3274	01:12:57.75	07:17	10K50-59F	16/28	F	201/293	01:12:54.90
159/434	HEIDT, AMY	3275	01:03:04.45	06:18	10K30-39F	37/125	F	78/293	01:03:01.35
333/434	HEMINGSON, JAMES	1275	01:14:25.40	07:26	10K19&UM	1/1	M	120/141	01:14:04.30
339/434	HEMINGSON, KYRIE	3276	01:15:01.45	07:30	10K15&UF	8/9	F	218/293	01:14:40.15
338/434	HEMINGSON, LUKE	3277	01:15:01.40	07:30	10K16-19M	5/5	M	121/141	01:14:39.60
120/434	HERZBERG, TYLER	3278	00:59:36.30	05:57	10K15&UM	8/11	M	72/141	00:59:25.20
57/434	HESTERMAN, RHONDA	3279	00:54:37.35	05:27	10K30-39F	10/125	F	14/293	00:54:32.65
132/434	HILL, GAIL	3280	01:00:57.80	06:05	10K60-69F	1/11	F	57/293	01:00:48.30
398/434	HOLSTEIN, ANDREA	3283	01:25:05.90	08:30	10K30-39F	114/125	F	266/293	01:24:59.15
336/434	HOLTON, MICHELLE	3284	01:14:36.20	07:27	10K30-39F	91/125	F	216/293	01:14:21.90
91/434	HOPE, JOANNE	3285	00:57:43.15	05:46	10K40-49F	6/63	F	33/293	00:57:26.25
411/434	HOPE, TOM	3286	01:29:28.40	08:56	10K40-49M	28/28	M	136/141	01:29:11.30
378/434	HOPP, NICOLE	3287	01:21:03.35	08:06	10K30-39F	106/125	F	249/293	01:20:36.55
386/434	HOWEY, TEANN	3288	01:22:19.40	08:13	10K30-39F	109/125	F	256/293	01:22:07.05
380/434	HUANG, JULIAN	3571	01:21:16.25	08:07	10K50-59M	24/26	M	130/141	01:20:51.95
259/434	HUBERT, LYNN	3289	01:09:07.65	06:54	10K30-39F	69/125	F	152/293	01:08:52.20
256/434	HUBERT, SARAH	3290	01:09:00.50	06:54	10K15&UF	6/9	F	149/293	01:08:44.05
45/434	HUEPPELSHEUSER, CHERYL	3291	00:52:17.30	05:13	10K40-49F	3/63	F	9/293	00:52:16.35
219/434	HULYK, SHAUNA	3292	01:06:19.35	06:37	10K30-39F	58/125	F	122/293	01:06:05.15
393/434	HUME, DARCY	3293	01:23:24.95	08:20	10K20-29M	15/16	M	132/141	01:23:03.05
428/434	HUME, MICHELLE	3294	01:40:31.90	10:03	10K20-29F	45/46	F	289/293	01:40:09.15
137/434	HYINK, JANET	3295	01:01:27.15	06:08	10K40-49F	13/63	F	60/293	01:01:08.10
323/434	HYMERS, MICHELLE	3296	01:13:35.60	07:21	10K20-29F	38/46	F	207/293	01:13:34.45
25/434	HYMERS, SKYLAR	3297	00:48:18.25	04:49	10K15&UM	2/11	M	21/141	00:48:18.20
152/434	IIDA, NAGI	3298	01:02:38.45	06:15	10K16-19F	4/10	F	71/293	01:02:33.10
83/434	IMESON, KEVIN	3299	00:57:09.05	05:42	10K30-39M	20/42	M	55/141	00:56:56.35
229/434	JACOBS, EMILY	3300	01:06:54.35	06:41	10K16-19F	6/10	F	131/293	01:02:41.85
243/434	JACOBSEN, JOHN	3301	01:07:44.55	06:46	10K50-59M	16/26	M	104/141	01:07:31.75
128/434	JANSEN, SHERRI	3303	01:00:38.35	06:03	10K40-49F	10/63	F	53/293	01:00:32.30
250/434	JOHANSON, BRIANNA	3306	01:08:33.85	06:51	10K20-29F	28/46	F	144/293	01:08:20.10
2/434	JOHNSON, BRIAN	3470	00:39:25.25	03:56	10K40-49M	1/28	M	2/141	00:39:24.90
310/434	JOHNSON, JORDAN	3307	01:12:26.65	07:14	10K20-29M	14/16	M	115/141	01:12:16.05
394/434	JOLL, BRITTANY	3309	01:24:09.20	08:24	10K20-29F	44/46	F	262/293	01:24:07.00
155/434	JONAS, TONI	3310	01:02:46.25	06:16	10K40-49F	14/63	F	74/293	01:02:38.80
240/434	JONES, AARON	3311	01:07:39.10	06:45	10K30-39M	35/42	M	102/141	01:07:11.20
298/434	JONES, TRISH	3312	01:11:42.30	07:10	10K50-59F	14/28	F	185/293	01:11:37.80
307/434	JOSEPH, MICHELLE	3313	01:12:18.00	07:13	10K40-49F	41/63	F	193/293	01:12:08.35
376/434	KAFARA, CHAD	3315	01:20:34.25	08:03	10K30-39M	41/42	M	129/141	01:20:24.75
377/434	KAFARA, MARLENE	3373	01:20:34.25	08:03	10K50-59F	23/28	F	248/293	01:20:25.60
115/434	KATHOL, PAMELA	3543	00:59:11.35	05:55	10K40-49F	8/63	F	46/293	00:59:09.30
51/434	KATRENICZ, ERIC	3317	00:53:27.10	05:20	10K30-39M	13/42	M	40/141	00:53:23.40
391/434	KELLY, PEARSE	3318	01:23:03.75	08:18	10K30-39M	42/42	M	131/141	01:22:32.55
295/434	KENNEDY, LISA	3319	01:11:40.30	07:10	10K30-39F	79/125	F	182/293	01:11:20.85
258/434	KENNEDY, TRACY	3320	01:09:06.75	06:54	10K40-49F	29/63	F	151/293	01:08:54.70
324/434	KERBRAT, LINDA	3173	01:13:36.85	07:21	10K50-59F	17/28	F	208/293	01:13:29.90
364/434	KHAN, ATIF	3321	01:17:43.50	07:46	10K30-39M	40/42	M	126/141	01:17:33.35
110/434	KIM, JAKE	3424	00:59:01.00	05:54	10K15&UM	5/11	M	67/141	00:59:00.55
189/434	KIRBY, KARLA	3323	01:04:42.05	06:28	10K30-39F	50/125	F	103/293	01:04:35.10
363/434	KLATT, TAMERA	3324	01:17:41.95	07:46	10K40-49F	52/63	F	238/293	01:17:16.75

Alpha Overall Results

10K/6.21 Miles

434 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
361/434	KOBIALKA, BRIAN	3326	01:17:23.15	07:44	10K50-59M	21/26	M	125/141	01:16:59.65
419/434	KOWALCHUK, BRANDY	3327	01:32:44.60	09:16	10K30-39F	123/125	F	283/293	01:31:45.10
160/434	KROCHAK, GARY	3329	01:03:06.45	06:18	10K50-59M	10/26	M	82/141	01:02:43.90
12/434	KRUIHOF, SIMON	3330	00:46:21.85	04:38	10K50-59M	1/26	M	12/141	00:46:09.80
60/434	KRUK, NATHON	3331	00:54:55.20	05:29	10K30-39M	16/42	M	44/141	00:54:25.45
278/434	KUNC, KARINA	3603	01:10:20.20	07:02	10K30-39F	77/125	F	169/293	01:10:09.45
64/434	LAFFAN, THOMAS	3334	00:55:21.50	05:32	10K50-59M	5/26	M	46/141	00:55:18.90
207/434	LAM, JERRY	3335	01:05:41.35	06:34	10K30-39M	29/42	M	94/141	01:05:29.85
41/434	LANDAKER, KELLY	3336	00:51:59.40	05:11	10K30-39M	11/42	M	34/141	00:51:58.40
328/434	LANG, NADINE	3337	01:13:42.00	07:22	10K30-39F	88/125	F	211/293	01:13:14.85
108/434	LANGERUD, MANDY	3338	00:58:52.25	05:53	10K30-39F	20/125	F	43/293	00:58:50.30
113/434	LAUSCHER, KAIDEN	3340	00:59:07.40	05:54	10K15&UM	6/11	M	68/141	00:58:57.70
116/434	LAUSCHER, LEAH	3342	00:59:12.20	05:55	10K30-39F	21/125	F	47/293	00:59:02.60
130/434	LAWRENCE, HEATHER	3341	01:00:46.80	06:04	10K30-39F	24/125	F	55/293	01:00:31.90
400/434	LEBRUN, DIANE	3343	01:25:27.05	08:32	10K40-49F	58/63	F	268/293	01:25:06.85
21/434	LEDUC, LORI	3243	00:48:00.20	04:48	10K40-49F	2/63	F	3/293	00:47:58.75
14/434	LEE, DON	3344	00:46:44.85	04:40	10K60-69M	1/12	M	14/141	00:46:43.15
69/434	LEENSTRA, LEROY	3346	00:56:04.40	05:36	10K40-49M	12/28	M	48/141	00:56:00.80
358/434	LEGGIE, STEPHANIE	3347	01:17:02.65	07:42	10K30-39F	100/125	F	235/293	01:16:38.40
285/434	LEIER, DEBBIE	3348	01:10:48.85	07:04	10K50-59F	12/28	F	175/293	01:10:39.50
30/434	LEIER-MURRAY, HEATHER	3349	00:49:40.25	04:58	10K30-39F	3/125	F	5/293	00:49:32.15
267/434	LITTEL, STEPHANIE	3352	01:09:42.20	06:58	10K40-49F	31/63	F	158/293	01:09:27.30
329/434	LOHR, MARTY	3354	01:13:49.80	07:22	10K30-39F	89/125	F	212/293	01:13:47.70
56/434	LOHR, RYAN	3355	00:54:10.75	05:25	10K30-39M	15/42	M	43/141	00:54:08.85
249/434	LONG, ASHLEY	3356	01:08:24.85	06:50	10K20-29F	27/46	F	143/293	01:08:14.70
337/434	LUCK, VIESIA	3360	01:14:53.30	07:29	10K40-49F	46/63	F	217/293	01:14:48.55
182/434	LUND, HANNAH	3361	01:04:25.60	06:26	10K16-19F	5/10	F	97/293	01:04:14.10
237/434	LUND, WENDY	3362	01:07:30.90	06:45	10K40-49F	28/63	F	136/293	01:07:18.85
17/434	LUSH, MARSHA	3363	00:47:24.60	04:44	10K30-39F	1/125	F	2/293	00:47:23.50
74/434	LUSH, STEPHEN	3364	00:56:29.80	05:38	10K40-49M	13/28	M	52/141	00:56:28.85
101/434	LUTES, AARON	3365	00:58:26.40	05:50	10K30-39M	23/42	M	64/141	00:58:18.50
266/434	LUTES, AMY	3366	01:09:37.80	06:57	10K20-29F	30/46	F	157/293	01:09:29.85
133/434	MACINTOSH, KAYLEIGH	3367	01:01:01.45	06:06	10K20-29F	10/46	F	58/293	01:00:58.30
318/434	MACINTOSH, SUSAN	3368	01:13:01.20	07:18	10K30-39F	84/125	F	202/293	01:12:51.60
188/434	MAH, AMBER	3548	01:04:41.75	06:28	10K30-39F	49/125	F	102/293	01:04:34.60
178/434	MAKUS, TAMARA	3369	01:04:01.55	06:24	10K40-49F	19/63	F	94/293	01:03:41.15
423/434	MALACH, RONALD	3370	01:36:20.45	09:38	10K60-69M	10/12	M	137/141	01:35:54.05
199/434	MANGAN, CHANTAL	3371	01:05:15.95	06:31	10K30-39F	54/125	F	110/293	01:05:08.95
97/434	MANGAN, KEVIN	3372	00:58:20.40	05:50	10K30-39M	21/42	M	61/141	00:58:13.45
27/434	MARSTALLER, TOM	3374	00:48:49.50	04:52	10K40-49M	5/28	M	23/141	00:48:42.90
135/434	MARTENS, RAY	3375	01:01:19.85	06:07	10K60-69M	6/12	M	77/141	01:01:16.75
371/434	MARTIN, ANNA-MARIE	3376	01:19:10.55	07:55	10K20-29F	41/46	F	243/293	01:18:45.45
372/434	MARTIN, PAMELA	3377	01:19:11.05	07:55	10K50-59F	22/28	F	244/293	01:18:46.10
252/434	MARTIN, REEVE	3606	01:08:45.70	06:52	10K50-59M	18/26	M	107/141	01:08:33.40
320/434	MATTSON, DEANNA	3379	01:13:21.40	07:20	10K60-69F	7/11	F	204/293	01:13:03.85
106/434	MATTSON, DENVER	3380	00:58:44.35	05:52	10K20-29M	9/16	M	65/141	00:58:27.35
104/434	MATTSON, HEATHER	3381	00:58:40.10	05:52	10K20-29F	5/46	F	40/293	00:58:23.05
84/434	MATTSON, KIRK	3382	00:57:17.35	05:43	10K20-29M	7/16	M	56/141	00:57:11.20
203/434	MAURIER, NOLIN	3383	01:05:32.85	06:33	10K40-49M	20/28	M	91/141	01:05:20.20
166/434	MAY, JACKIE	3384	01:03:28.90	06:20	10K40-49F	18/63	F	82/293	01:03:20.20
217/434	MAZUR, TARA	3386	01:06:03.75	06:36	10K30-39F	57/125	F	120/293	01:05:44.20
387/434	MAZURKEWICH, JENNIFER	3387	01:22:19.70	08:13	10K40-49F	55/63	F	257/293	01:22:06.90
171/434	MCCELROY, KIMBERLY	3390	01:03:37.70	06:21	10K20-29F	14/46	F	87/293	01:03:17.55
346/434	MCGHEE, ALLISON	3391	01:15:50.20	07:35	10K30-39F	94/125	F	223/293	01:15:37.25
257/434	MCCINTYRE, JUDITH	3358	01:09:04.55	06:54	10K50-59F	10/28	F	150/293	01:08:46.05
114/434	MCKENZIE, KYLE	3392	00:59:08.70	05:54	10K30-39M	24/42	M	69/141	00:58:45.55
186/434	MCKNIGHT, JESSICA	3393	01:04:35.80	06:27	10K20-29F	16/46	F	100/293	01:04:20.50
265/434	MCKNIGHT, KERBI	3394	01:09:37.00	06:57	10K30-39F	72/125	F	156/293	01:09:22.40
212/434	MCKNIGHT, PATRICIA	3395	01:05:59.05	06:35	10K50-59F	8/28	F	117/293	01:05:45.35
396/434	MCQUAY, CARRIE	3398	01:24:47.90	08:28	10K30-39F	112/125	F	264/293	01:24:30.10
402/434	MCQUAY, GRANT	3399	01:25:48.55	08:34	10K40-49M	26/28	M	133/141	01:25:31.55
202/434	MEDING, ELAINE	3400	01:05:20.80	06:32	10K50-59F	6/28	F	112/293	01:05:15.60
3/434	MEDYNSKI, ANTHONY	3401	00:41:05.30	04:06	10K20-29M	1/16	M	3/141	00:41:04.75
26/434	MEDYNSKI, SCOTT	3402	00:48:36.35	04:51	10K30-39M	7/42	M	22/141	00:48:35.10
22/434	MENCARELLI, ANDY	3556	00:48:06.55	04:48	10K40-49M	3/28	M	19/141	00:48:05.40
93/434	MERCIA, ASHLEY	3403	00:57:49.65	05:46	10K20-29F	4/46	F	34/293	00:57:48.65

Alpha Overall Results

10K/6.21 Miles

434 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
388/434	MILLAR, KRISTA	3404	01:22:54.75	08:17	10K30-39F	110/125	F	258/293	01:22:30.45
215/434	MITCHELL, GERRY	3405	01:06:00.85	06:36	10K50-59M	14/26	M	97/141	01:05:41.90
313/434	MITCHELL, JANELLE	3406	01:12:37.35	07:15	10K16-19F	9/10	F	198/293	01:12:31.75
247/434	MITCHELL, JAYDEN	3407	01:08:17.25	06:49	10K15&UM	11/11	M	106/141	01:08:11.65
312/434	MITCHELL, PAM	3408	01:12:37.05	07:15	10K40-49F	42/63	F	197/293	01:12:31.20
304/434	MOEN, MORGAN	3409	01:12:00.50	07:12	10K20-29M	13/16	M	114/141	01:11:43.70
245/434	MORRISON, MIKE	3412	01:08:05.60	06:48	10K50-59M	17/26	M	105/141	01:07:56.20
185/434	MOSER, CHERYL	3413	01:04:35.10	06:27	10K40-49F	20/63	F	99/293	01:04:20.90
218/434	MOTTL, JANA	3302	01:06:14.15	06:37	10K20-29F	18/46	F	121/293	01:06:08.40
330/434	MOURITS, LUKE	3415	01:14:04.20	07:24	10K16-19M	4/5	M	118/141	01:13:36.30
366/434	MOURITS, SASHA	3416	01:17:50.00	07:47	10K20-29F	40/46	F	240/293	01:17:22.40
272/434	MUNDAY, ASHLEE	3418	01:09:47.65	06:58	10K30-39F	76/125	F	163/293	01:09:29.70
434/434	MUNDAY, LYNNE	3419	01:44:21.75	10:26	10K60-69F	11/11	F	293/293	01:43:53.75
429/434	MUNDAY, ROBERT	3420	01:41:39.35	10:09	10K60-69M	12/12	M	140/141	01:41:11.15
234/434	MURATCAN, KURT	3332	01:07:19.25	06:43	10K30-39M	33/42	M	100/141	01:07:08.75
141/434	MURPHY, WENDY	3421	01:01:45.85	06:10	10K30-39F	28/125	F	63/293	01:00:22.70
365/434	NELSON, HEATHER	3422	01:17:45.05	07:46	10K30-39F	102/125	F	239/293	01:17:29.75
126/434	NORTHCOTT, KARILYN	3426	01:00:24.45	06:02	10K40-49F	9/63	F	52/293	01:00:04.45
432/434	NYROSE, CHARLOTTE	3427	01:42:45.95	10:16	10K20-29F	46/46	F	291/293	01:42:24.00
332/434	NYROSE, PAM	3428	01:14:16.50	07:25	10K50-59F	18/28	F	213/293	01:13:54.25
129/434	O'BRIEN, CATHERINE	3429	01:00:38.55	06:03	10K40-49F	11/63	F	54/293	01:00:32.65
184/434	OLESEN, BRET	3430	01:04:34.75	06:27	10K50-59M	12/26	M	86/141	01:04:07.85
180/434	OLESIUK, LISA	3431	01:04:21.35	06:26	10K30-39F	48/125	F	96/293	01:04:02.75
81/434	ORAM, CHRIS	3165	00:57:05.45	05:42	10K30-39M	19/42	M	54/141	00:56:59.90
233/434	ORRISS, KERRI	3432	01:07:10.00	06:43	10K30-39F	63/125	F	134/293	01:06:57.65
374/434	OSICKI, CARRIE	3433	01:19:33.05	07:57	10K30-39F	104/125	F	246/293	01:19:14.75
392/434	OUWEHAND, CARYN	3435	01:23:20.95	08:20	10K30-39F	111/125	F	261/293	01:23:06.10
407/434	PARKER, CINDY	3437	01:29:08.45	08:54	10K40-49F	62/63	F	274/293	01:28:52.95
75/434	PARSONS, SAM	3438	00:56:35.45	05:39	10K40-49M	14/28	M	53/141	00:56:25.50
379/434	PAYOT, JANELLE	3359	01:21:03.35	08:06	10K20-29F	42/46	F	250/293	01:20:37.00
357/434	PECK, BEV	3235	01:16:56.70	07:41	10K40-49F	51/63	F	234/293	01:16:32.30
92/434	PENNELL, BRIAN	3440	00:57:43.75	05:46	10K60-69M	4/12	M	59/141	00:57:28.45
65/434	PETERSEN, DON	3441	00:55:43.85	05:34	10K40-49M	11/28	M	47/141	00:55:19.30
292/434	PETERSEN, KERRY	3442	01:11:32.90	07:09	10K40-49F	38/63	F	179/293	01:11:05.80
156/434	PHILLIPS, YVONNE	3443	01:02:48.70	06:16	10K40-49F	15/63	F	75/293	01:02:36.40
54/434	PHILPOTT, IAN	3444	00:53:48.85	05:22	10K20-29M	6/16	M	42/141	00:53:45.20
102/434	PLATO, ANNA	3446	00:58:26.95	05:50	10K50-59F	3/28	F	38/293	00:58:19.00
425/434	POCHYLKO, G	3447	01:37:20.15	09:44	10K50-59F	26/28	F	287/293	01:37:06.15
145/434	POETTCKER, CARIANN	3448	01:02:09.75	06:12	10K30-39F	30/125	F	65/293	01:02:02.55
190/434	POOLE, SHARON	3449	01:04:42.70	06:28	10K30-39F	51/125	F	104/293	01:04:22.05
86/434	PREDIGER, WENDY	3450	00:57:19.25	05:43	10K40-49F	4/63	F	30/293	00:57:08.05
409/434	PREUSS, JORG	3452	01:29:19.00	08:55	10K40-49M	27/28	M	135/141	01:29:02.50
410/434	PREUSS, LORNA	3453	01:29:19.20	08:55	10K40-49F	63/63	F	275/293	01:29:02.45
76/434	PRICE, LAUREN	3454	00:56:39.85	05:39	10K20-29F	3/46	F	23/293	00:56:35.05
424/434	QUIGG, BRIAN	3456	01:36:23.65	09:38	10K60-69M	11/12	M	138/141	01:36:04.70
134/434	QUIGG, KEVIN	3457	01:01:06.55	06:06	10K30-39M	25/42	M	76/141	01:00:50.25
421/434	QUIGG, MICHELLE	3458	01:35:23.45	09:32	10K60-69F	10/11	F	285/293	01:35:05.05
300/434	RAADIK, TRUDY	3459	01:11:51.20	07:11	10K40-49F	40/63	F	187/293	01:11:40.40
96/434	RAADIK-RUPTASH, TRACY	3460	00:58:11.55	05:49	10K40-49F	7/63	F	36/293	00:58:01.55
125/434	RADBOURNE, KIRSTEN	3462	01:00:18.10	06:01	10K30-39F	23/125	F	51/293	01:00:08.60
163/434	RASKIN, JEANNETTE	3463	01:03:17.95	06:19	10K40-49F	17/63	F	80/293	01:03:01.75
206/434	RASKIN, LANCE	3464	01:05:39.75	06:33	10K40-49M	21/28	M	93/141	01:05:22.40
269/434	REEVES, MELODY	3465	01:09:44.25	06:58	10K30-39F	74/125	F	160/293	01:09:38.95
36/434	REGOUT, JONATHAN	3466	00:51:17.40	05:07	10K16-19M	3/5	M	31/141	00:51:14.25
281/434	RICHARDS, LOCKE	3467	01:10:27.25	07:02	10K20-29M	12/16	M	110/141	01:10:09.70
121/434	RINGNESS, MARK	3468	00:59:40.85	05:58	10K40-49M	18/28	M	73/141	00:59:21.90
77/434	ROBERTSON, LISA	3471	00:56:54.10	05:41	10K30-39F	14/125	F	24/293	00:56:49.15
344/434	ROGERS, JADE	3472	01:15:46.20	07:34	10K30-39F	93/125	F	222/293	01:15:33.85
345/434	ROGERS, TERRY	3473	01:15:46.50	07:34	10K60-69M	9/12	M	123/141	01:15:33.05
175/434	RONNIE, JENNY	3474	01:03:51.40	06:23	10K30-39F	45/125	F	91/293	01:03:43.80
373/434	ROWLAND, MARGARET	3475	01:19:23.70	07:56	10K40-49F	53/63	F	245/293	01:18:47.20
103/434	ROWLAND, STEPHANIE	3476	00:58:27.30	05:50	10K16-19F	3/10	F	39/293	00:58:13.90
248/434	RUDD, ANGIE	3477	01:08:24.50	06:50	10K30-39F	65/125	F	142/293	01:08:14.50
136/434	RUDGE, KEIRA	3478	01:01:21.35	06:08	10K30-39F	25/125	F	59/293	01:01:02.45
23/434	RUPTASH, BART	3479	00:48:11.25	04:49	10K40-49M	4/28	M	20/141	00:48:10.30
40/434	SALOMONS, BRETT	3103	00:51:52.05	05:11	10K20-29M	5/16	M	33/141	00:51:48.70

Alpha Overall Results

10K/6.21 Miles

434 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
149/434	SAMPSON, KELLY	3480	01:02:21.00	06:14	10K30-39F	34/125	F	69/293	01:02:12.40
276/434	SAWCHUK, MARY LOU	3482	01:10:05.00	07:00	10K50-59F	11/28	F	167/293	01:09:46.60
34/434	SCHRAUWEN, GEORGE	3484	00:51:11.25	05:07	10K50-59M	3/26	M	29/141	00:51:04.55
35/434	SCHULTZ, RUSSELL	3486	00:51:11.45	05:07	10K40-49M	7/28	M	30/141	00:51:05.10
343/434	SEIBEL, SYDNI	3487	01:15:44.20	07:34	10K20-29F	39/46	F	221/293	01:15:37.80
67/434	SHARKEY, BRITTANY	3489	00:55:51.95	05:35	10K20-29F	2/46	F	20/293	00:55:42.95
414/434	SHEPPARD, PAULA	3490	01:30:42.75	09:04	10K30-39F	118/125	F	278/293	01:30:23.00
158/434	SHERBA, ALANA	3491	01:02:55.65	06:17	10K20-29F	12/46	F	77/293	01:02:54.00
296/434	SIMONIN, DORA	3207	01:11:40.75	07:10	10K30-39F	80/125	F	183/293	01:11:20.45
118/434	SIMPER, PATRICK	3493	00:59:17.80	05:55	10K60-69M	5/12	M	70/141	00:59:06.95
52/434	SIMPER, TIMOTHY	3494	00:53:30.50	05:21	10K30-39M	14/42	M	41/141	00:53:19.30
244/434	SINNAMON, KIRA	3314	01:07:50.35	06:47	10K20-29F	26/46	F	140/293	01:07:32.35
290/434	SKJAVELAND, CINDY	3496	01:11:27.75	07:08	10K40-49F	37/63	F	178/293	01:11:07.10
5/434	SLOBODAN, JEREMY	3497	00:42:48.20	04:16	10K30-39M	1/42	M	5/141	00:42:47.90
242/434	SMITH, CHADWICK	3498	01:07:43.35	06:46	10K40-49M	22/28	M	103/141	01:07:41.95
66/434	SMITH, JANIS	3499	00:55:47.90	05:34	10K30-39F	12/125	F	19/293	00:55:36.60
177/434	SMITH, MARILYN	3500	01:03:54.35	06:23	10K30-39F	46/125	F	93/293	01:03:33.15
7/434	SMITH, SHELBY	3501	00:44:20.85	04:26	10K30-39M	3/42	M	7/141	00:44:20.15
236/434	SNOW, ALISON	3502	01:07:24.65	06:44	10K40-49F	27/63	F	135/293	01:07:09.35
9/434	SOLEY, KEVIN	3503	00:45:19.20	04:31	10K40-49M	2/28	M	9/141	00:45:16.80
39/434	SPAFFORD, JANET	3106	00:51:51.30	05:11	10K30-39F	5/125	F	7/293	00:51:32.00
148/434	STAUFFER, JACKIE	3505	01:02:19.70	06:13	10K30-39F	33/125	F	68/293	01:01:57.40
223/434	STECKLY, GRAHAM	3506	01:06:33.50	06:39	10K50-59M	15/26	M	98/141	01:06:32.30
151/434	STEELE, JASON	3507	01:02:37.60	06:15	10K30-39M	27/42	M	81/141	01:02:25.95
131/434	STEVENS, CHRIS	3508	01:00:48.05	06:04	10K40-49F	12/63	F	56/293	01:00:26.35
264/434	STEVENSON, KIM	3509	01:09:21.30	06:56	10K40-49F	30/63	F	155/293	01:09:13.75
299/434	STEWART, JESSICA	3510	01:11:51.20	07:11	10K20-29F	35/46	F	186/293	01:11:29.25
412/434	STEWART, JOANNE	3511	01:29:35.15	08:57	10K50-59F	25/28	F	276/293	01:29:14.60
427/434	STEWART, JOSHUA	3512	01:40:31.60	10:03	10K20-29M	16/16	M	139/141	01:40:09.05
390/434	STEWART, LISA	3513	01:22:57.25	08:17	10K40-49F	56/63	F	260/293	01:22:34.95
370/434	STEWART, MIKE	3514	01:19:04.10	07:54	10K50-59M	23/26	M	128/141	01:18:40.80
389/434	STEWART, ROBYNNE	3515	01:22:57.25	08:17	10K15&UF	9/9	F	259/293	01:22:33.95
284/434	SULLIVAN, HELEN	3517	01:10:45.85	07:04	10K40-49F	36/63	F	174/293	01:10:31.75
87/434	SULLIVAN, SHARI	3488	00:57:29.25	05:44	10K40-49F	5/63	F	31/293	00:57:09.45
49/434	SUTTER, SUZANNE	3519	00:52:55.15	05:17	10K30-39F	7/125	F	11/293	00:52:42.35
205/434	TALLAS, LOIS	3520	01:05:37.45	06:33	10K60-69F	3/11	F	113/293	01:05:28.45
359/434	TANNER, KIM	3521	01:17:02.75	07:42	10K30-39F	101/125	F	236/293	01:16:37.85
119/434	TENHOVE, JONAH	3523	00:59:36.15	05:57	10K15&UM	7/11	M	71/141	00:59:25.05
85/434	TENHOVE, LAYLA	3524	00:57:17.45	05:43	10K30-39F	18/125	F	29/293	00:57:05.85
369/434	TIEFENBACH, RICH	3526	01:18:40.25	07:52	10K50-59M	22/26	M	127/141	01:18:24.45
4/434	TIMMS, SHELDON	3527	00:41:08.35	04:06	10K20-29M	2/16	M	4/141	00:41:07.90
88/434	TIPTON, GREG	3528	00:57:32.45	05:45	10K40-49M	15/28	M	57/141	00:57:17.05
230/434	TOEWS, CODY	3529	01:07:01.00	06:42	10K30-39F	61/125	F	132/293	01:06:40.30
154/434	TRAVIS, CAROLYN	3530	01:02:38.75	06:15	10K30-39F	36/125	F	73/293	01:02:28.80
59/434	TROMBLEY, RENE	3532	00:54:38.70	05:27	10K15&UF	1/9	F	16/293	00:54:30.75
382/434	TROTTIER, DONNA	3533	01:21:20.05	08:08	10K40-49F	54/63	F	252/293	01:21:10.70
322/434	TRUFYN, DAYNA	3534	01:13:29.25	07:20	10K30-39F	87/125	F	206/293	01:13:01.00
246/434	TRUFYN, MARILYN	3535	01:08:16.65	06:49	10K50-59F	9/28	F	141/293	01:07:47.65
270/434	TUCKER, JACQUIE	3536	01:09:44.25	06:58	10K20-29F	31/46	F	161/293	01:09:39.35
401/434	TURNER, LORI	3537	01:25:27.20	08:32	10K40-49F	59/63	F	269/293	01:25:07.45
239/434	TWEET, NICHOLE	3538	01:07:32.30	06:45	10K30-39F	64/125	F	138/293	01:07:15.40
418/434	TYMCHUK, SHANDRA	3540	01:32:44.25	09:16	10K30-39F	122/125	F	282/293	01:31:44.85
260/434	TYMENSEN, EDWIN	3541	01:09:11.65	06:55	10K30-39M	36/42	M	108/141	01:09:02.95
38/434	VAN AKEN, LENNI	3150	00:51:39.00	05:09	10K30-39F	4/125	F	6/293	00:51:28.60
146/434	VAN DE VOORDE, SCOTT	3544	01:02:10.15	06:13	10K30-39F	31/125	F	66/293	01:01:46.85
405/434	VAN EATON, KARI	3545	01:27:58.80	08:47	10K40-49F	60/63	F	272/293	01:27:36.05
28/434	VAN NIEUWKERK, BRENT	3547	00:49:33.00	04:57	10K30-39M	8/42	M	24/141	00:49:28.80
90/434	VANDE GLIND, JANET	3549	00:57:38.00	05:45	10K30-39F	19/125	F	32/293	00:57:33.90
268/434	VARTY, ANGELA	3550	01:09:42.95	06:58	10K30-39F	73/125	F	159/293	01:09:24.85
6/434	VARTY, ED	3551	00:43:17.85	04:19	10K30-39M	2/42	M	6/141	00:43:15.80
413/434	VILLENEUVE, CHRISTINE	3608	01:30:25.50	09:02	10K30-39F	117/125	F	277/293	01:30:03.90
232/434	VILLENEUVE, MARTIN	3553	01:07:07.40	06:42	10K30-39M	32/42	M	99/141	01:06:45.40
193/434	VOICE, AMBER	3554	01:05:01.90	06:30	10K30-39F	52/125	F	105/293	01:04:55.70
192/434	VOICE, RYAN	3555	01:05:01.80	06:30	10K30-39M	28/42	M	88/141	01:04:55.90
63/434	WAGSTAFF, ALAYNA	3557	00:55:21.10	05:32	10K15&UF	2/9	F	18/293	00:55:18.70
221/434	WAGSTAFF, MARINA	3558	01:06:30.95	06:39	10K40-49F	26/63	F	124/293	01:06:28.20

Alpha Overall Results

10K/6.21 Miles

434 Finishers

O/A	Name	Bib#	Time	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
18/434	WALKER, DORAN	3411	00:47:33.25	04:45	10K30-39M	5/42	M	16/141	00:47:23.60
95/434	WALLS, CHERYL	3559	00:58:04.50	05:48	10K50-59F	2/28	F	35/293	00:57:56.10
282/434	WALSH, LAUREN	3561	01:10:30.90	07:03	10K20-29F	34/46	F	172/293	01:10:16.65
354/434	WALSHE, HEIDEE	3607	01:16:53.65	07:41	10K30-39F	98/125	F	231/293	01:16:25.95
89/434	WALZ, JASON	3562	00:57:36.45	05:45	10K40-49M	16/28	M	58/141	00:57:33.85
211/434	WALZ, NATASHA	3563	01:05:58.75	06:35	10K15&UF	5/9	F	116/293	01:05:56.05
16/434	WANKE, WILLA	3397	00:47:06.50	04:42	10K40-49F	1/63	F	1/293	00:47:04.90
302/434	WATSON, CASSELLO	3564	01:11:53.25	07:11	10K30-39F	81/125	F	189/293	01:11:38.65
431/434	WATSON, CECILE	3565	01:42:38.65	10:15	10K50-59F	27/28	F	290/293	01:42:10.45
235/434	WATSON, DUSTIN	3566	01:07:20.00	06:44	10K30-39M	34/42	M	101/141	01:07:05.45
208/434	WATSON, GARETT	3567	01:05:47.95	06:34	10K30-39M	30/42	M	95/141	01:05:34.50
71/434	WATSON, JENNELLE	3568	00:56:05.60	05:36	10K30-39F	13/125	F	22/293	00:55:52.15
430/434	WATSON, NEIL	3570	01:42:38.40	10:15	10K50-59M	26/26	M	141/141	01:42:10.15
10/434	WEBER, CALEB	3572	00:45:24.35	04:32	10K15&UM	1/11	M	10/141	00:45:20.50
79/434	WEBER, JADE	3573	00:57:02.90	05:42	10K15&UF	3/9	F	26/293	00:56:57.95
179/434	WEINKAUF, BREANNA	3574	01:04:07.20	06:24	10K30-39F	47/125	F	95/293	01:04:02.80
98/434	WEINKAUF, DAVID	3575	00:58:22.45	05:50	10K30-39M	22/42	M	62/141	00:58:18.65
210/434	WESSNER, SHAUNA	3577	01:05:55.65	06:35	10K40-49F	25/63	F	115/293	01:05:50.05
251/434	WESTERA, JOBENA	3578	01:08:34.45	06:51	10K30-39F	66/125	F	145/293	01:08:18.45
73/434	WESTERA, TYLER	3539	00:56:20.25	05:38	10K30-39M	18/42	M	51/141	00:56:06.05
20/434	WHALEN, TOM	3579	00:47:57.05	04:47	10K30-39M	6/42	M	18/141	00:47:54.65
395/434	WHEELER, WENDY	3580	01:24:27.20	08:26	10K60-69F	9/11	F	263/293	01:24:12.50
122/434	WHITE, TAYLER	3581	00:59:40.95	05:58	10K20-29F	8/46	F	49/293	00:59:37.05
99/434	WIELINGA, ANNEISE	3584	00:58:24.40	05:50	10K16-19F	2/10	F	37/293	00:58:13.45
261/434	WIELINGA, DON	3204	01:09:12.35	06:55	10K50-59M	19/26	M	109/141	01:09:03.15
169/434	WILLARD, MARISSA	3586	01:03:33.95	06:21	10K30-39F	40/125	F	85/293	01:03:15.05
321/434	WILLIAMS, ALLISON	3587	01:13:21.65	07:20	10K30-39F	86/125	F	205/293	01:13:10.45
201/434	WILLIAMS, IAN	3588	01:05:17.55	06:31	10K40-49M	19/28	M	90/141	01:04:53.60
375/434	WILLIAMS, JAIME	3589	01:19:45.75	07:58	10K30-39F	105/125	F	247/293	01:19:21.05
176/434	WILSON, BARB	3590	01:03:53.25	06:23	10K50-59F	5/28	F	92/293	01:03:31.15
61/434	WILSON, IAN	3591	00:54:58.10	05:29	10K40-49M	10/28	M	45/141	00:54:53.15
224/434	WILSON, JANET	3592	01:06:33.55	06:39	10K20-29F	20/46	F	126/293	01:06:11.90
422/434	WOZNIUK, VALERIE	3595	01:36:20.10	09:38	10K70+F	1/1	F	286/293	01:35:54.10
157/434	WRIGHT, LIANE	3596	01:02:51.95	06:17	10K60-69F	2/11	F	76/293	01:02:41.95
216/434	WYMAN-RICHTER, ANGELA	3597	01:06:01.65	06:36	10K30-39F	56/125	F	119/293	01:05:56.05
197/434	ZAYONCE, RHONDA	3598	01:05:13.85	06:31	10K40-49F	23/63	F	108/293	01:05:12.85
415/434	ZIMMER, KORA	3599	01:30:59.75	09:05	10K30-39F	119/125	F	279/293	01:30:47.05
29/434	ZIMMERMAN, GARRETT	3600	00:49:37.70	04:57	10K30-39M	9/42	M	25/141	00:49:36.20