

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 10K/6.21 Miles

433 Finishers

## 10K15&amp;UF (Female) - 9 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/9	TROMBLEY, RENE	3532	00:54:38.70	05:27	+00:00:00	59/433	16/293	OLDS
2/9	WAGSTAFF, ALAYNA	3557	00:55:21.10	05:32	+00:00:42	63/433	18/293	OLDS
3/9	WEBER, JADE	3573	00:57:02.90	05:42	+00:02:24	79/433	26/293	RED DEER

## 10K15&amp;UM (Male) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	WEBER, CALEB	3572	00:45:24.35	04:32	+00:00:00	10/433	10/140	RED DEER
2/10	HYMERS, SKYLAR	3297	00:48:18.25	04:49	+00:02:53	25/433	21/140	BOTHA
3/10	ADAMS, JOSHUA	3104	00:52:04.15	05:12	+00:06:39	42/433	35/140	LETHBRIDGE

## 10K16-19F (Female) - 10 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/10	BENSON, TIFFANY	3132	00:55:59.05	05:35	+00:00:00	68/433	21/293	RED DEER
2/10	WIELINGA, ANNELISE	3584	00:58:24.40	05:50	+00:02:25	99/433	37/293	RED DEER
3/10	ROWLAND, STEPHANIE	3476	00:58:27.30	05:50	+00:02:28	103/433	39/293	PONOKA

## 10K16-19M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/5	CHRIST, ADRIAN	3166	00:36:46.65	03:40	+00:00:00	1/433	1/140	RED DEER
2/5	ARMSTRONG, ANDREW	3114	00:46:27.45	04:38	+00:09:40	13/433	13/140	RED DEER
3/5	REGOUT, JONATHAN	3466	00:51:17.40	05:07	+00:14:30	36/433	31/140	LETHBRIDGE

## 10K19&amp;UM (Male) - 1 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	HEMINGSON, JAMES	1275	01:14:25.40	07:26	+00:00:00	332/433	119/140	PONOKA

## 10K20-29F (Female) - 46 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/46	FREDRICKSON, PAIGE	3233	00:54:38.55	05:27	+00:00:00	58/433	15/293	SYLVAN LAKE
2/46	SHARKEY, BRITTANY	3489	00:55:51.95	05:35	+00:01:13	67/433	20/293	RED DEER
3/46	PRICE, LAUREN	3454	00:56:39.85	05:39	+00:02:01	76/433	23/293	SYLVAN LAKE

## 10K20-29M (Male) - 16 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/16	MEDYNSKI, ANTHONY	3401	00:41:05.30	04:06	+00:00:00	3/433	3/140	RED DEER
2/16	TIMMS, SHELDON	3527	00:41:08.35	04:06	+00:00:03	4/433	4/140	RED DEER
3/16	COZENS, TIM	3184	00:45:53.55	04:35	+00:04:48	11/433	11/140	RED DEER

## 10K30-39F (Female) - 125 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/125	LUSH, MARSHA	3363	00:47:24.60	04:44	+00:00:00	17/433	2/293	BENTLEY
2/125	CADMAN, SHEILA	3155	00:48:11.30	04:49	+00:00:46	24/433	4/293	VERMILION
3/125	LEIER-MURRAY, HEATHER	3349	00:49:40.25	04:58	+00:02:15	30/433	5/293	RED DEER

## 10K30-39M (Male) - 42 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/42	SLOBODAN, JEREMY	3497	00:42:48.20	04:16	+00:00:00	5/433	5/140	RED DEER
2/42	VARTY, ED	3551	00:43:17.85	04:19	+00:00:29	6/433	6/140	RED DEER
3/42	SMITH, SHELBY	3501	00:44:20.85	04:26	+00:01:32	7/433	7/140	RED DEER

## 10K40-49F (Female) - 63 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/63	WANKE, WILLA	3397	00:47:06.50	04:42	+00:00:00	16/433	1/293	RED DEER
2/63	LEDUC, LORI	3243	00:48:00.20	04:48	+00:00:53	21/433	3/293	RED DEER
3/63	HUEPPELSHEUSER, CHERYL	3291	00:52:17.30	05:13	+00:05:10	45/433	9/293	BENTLEY

## 10K40-49M (Male) - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/28	JOHNSON, BRIAN	3470	00:39:25.25	03:56	+00:00:00	2/433	2/140	RED DEER
2/28	SOLEY, KEVIN	3503	00:45:19.20	04:31	+00:05:53	9/433	9/140	SYLVAN LAKE
3/28	MENCARELLI, ANDY	3556	00:48:06.55	04:48	+00:08:41	22/433	19/140	DIDSBURY

## 10K50-59F (Female) - 28 Competitors

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/28	GUENTHER, CAROL	3260	00:52:17.45	05:13	+00:00:00	46/433	10/293	DIDSBURY
2/28	WALLS, CHERYL	3559	00:58:04.50	05:48	+00:05:47	95/433	35/293	RED DEER
3/28	PLATO, ANNA	3446	00:58:26.95	05:50	+00:06:09	102/433	38/293	RED DEER

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

## Category Award Results

## TOP 3 In Category

## 10K/6.21 Miles

433 Finishers

**10K50-59M (Male) - 26 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/26	KRUIHOF, SIMON	3330	00:46:21.85	04:38	+00:00:00	12/433	12/140	RED DEER
2/26	CHRIST, ALBERT	3167	00:47:34.15	04:45	+00:01:12	19/433	17/140	RED DEER
3/26	SCHRAUWEN, GEORGE	3484	00:51:11.25	05:07	+00:04:49	34/433	29/140	RED DEER

**10K60-69F (Female) - 11 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/11	HILL, GAIL	3280	01:00:57.80	06:05	+00:00:00	131/433	57/293	RED DEER
2/11	WRIGHT, LIANE	3596	01:02:51.95	06:17	+00:01:54	156/433	76/293	RED DEER
3/11	TALLAS, LOIS	3520	01:05:37.45	06:33	+00:04:39	204/433	113/293	RED DEER

**10K60-69M (Male) - 12 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/12	LEE, DON	3344	00:46:44.85	04:40	+00:00:00	14/433	14/140	CALGARY
2/12	BEAUCHAMP, LEONARD	3127	00:46:58.25	04:41	+00:00:13	15/433	15/140	RED DEER
3/12	FURNESS, ROB	3525	00:50:43.65	05:04	+00:03:58	31/433	26/140	RED DEER

**10K70+F (Female) - 1 Competitors**

Cat/PI	Name	Bib #	Time	Pace	Offset	OA/PI	Gen/PI	City
1/1	WOZNIUK, VALERIE	3595	01:36:20.10	09:38	+00:00:00	421/433	286/293	EDMONTON