

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K/6.21 Miles

415 Finishers

10K15&UF (Female) - 11 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-------------------|-------|-------------|-------|-----------|--------|--------|-----------|
| 1/11 | SHEPPARD, MAKAYLA | 1397 | 00:54:42.56 | 05:28 | +00:00:00 | 46/415 | 21/291 | ATHABASCA |
| 2/11 | WEBER, JADE | 1506 | 00:56:45.86 | 05:40 | +00:02:03 | 73/415 | 35/291 | RED DEER |
| 3/11 | SHEPPARD, TAYLOR | 1399 | 00:57:11.10 | 05:43 | +00:02:28 | 77/415 | 38/291 | ATHABASCA |

10K15&UM (Male) - 6 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|---------------------|-------|-------------|-------|-----------|--------|--------|---------------|
| 1/6 | HERZBERG, TYLER | 1160 | 00:46:49.80 | 04:40 | +00:00:00 | 13/415 | 10/124 | RED DEER |
| 2/6 | RAUTENBACH, HENDRIK | 1355 | 00:52:34.29 | 05:15 | +00:05:44 | 32/415 | 22/124 | RED DEER COUN |
| 3/6 | LAUSCHER, KAIDEN | 1219 | 00:55:02.61 | 05:30 | +00:08:12 | 52/415 | 28/124 | RED DEER |

10K16-19F (Female) - 7 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|--------|--------|-----------|
| 1/7 | LUCAS, EMILY | 1242 | 00:42:04.17 | 04:12 | +00:00:00 | 6/415 | 1/291 | INNISFAIL |
| 2/7 | STEWART, JILLIAN | 1427 | 00:43:59.31 | 04:23 | +00:01:55 | 8/415 | 3/291 | RED DEER |
| 3/7 | LUCAS, CHLOE | 1240 | 00:47:46.63 | 04:46 | +00:05:42 | 17/415 | 5/291 | INNISFAIL |

10K16-19M (Male) - 3 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-------------------|-------|-------------|-------|-----------|---------|--------|-------------|
| 1/3 | ARMSTRONG, KEELAN | 1020 | 00:56:03.86 | 05:36 | +00:00:00 | 68/415 | 36/124 | RED DEER |
| 2/3 | MITCHELL, JAYDEN | 1285 | 01:03:05.41 | 06:18 | +00:07:01 | 149/415 | 60/124 | SYLVAN LAKE |
| 3/3 | HEMINGSON, LUKE | 1158 | 01:10:45.91 | 07:04 | +00:14:42 | 253/415 | 89/124 | PONOKA |

10K20-29F (Female) - 54 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-------------------|-------|-------------|-------|-----------|--------|--------|-----------------|
| 1/54 | KUZEMKA, BRITTANY | 1111 | 00:49:22.57 | 04:56 | +00:00:00 | 22/415 | 7/291 | ODS |
| 2/54 | KLATT, KELSEY | 1199 | 00:53:28.50 | 05:20 | +00:04:05 | 37/415 | 15/291 | FORT QU'APPELLI |
| 3/54 | TAYLOR, JENNICA | 1436 | 00:54:51.59 | 05:29 | +00:05:29 | 49/415 | 23/291 | RED DEER |

10K20-29M (Male) - 9 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|--------|--------|----------|
| 1/9 | MCDONALD, KIERAN | 1503 | 00:34:29.72 | 03:26 | +00:00:00 | 1/415 | 1/124 | RED DEER |
| 2/9 | WOODLAND, DEVIN | 1449 | 00:38:45.90 | 03:52 | +00:04:16 | 2/415 | 2/124 | RED DEER |
| 3/9 | WALPER, ERIC | 1469 | 00:44:54.90 | 04:29 | +00:10:25 | 10/415 | 7/124 | RED DEER |

10K30-39F (Female) - 129 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|----------------|-------|-------------|-------|-----------|--------|--------|----------------|
| 1/129 | SNIDER, ANDREA | 1415 | 00:42:57.33 | 04:17 | +00:00:00 | 7/415 | 2/291 | GRANDE PRAIRIE |
| 2/129 | HEINEN, MEGAN | 1156 | 00:46:59.28 | 04:41 | +00:04:01 | 14/415 | 4/291 | PEACE RIVER |
| 3/129 | BROTNOV, JENNA | 1418 | 00:49:09.81 | 04:54 | +00:06:12 | 20/415 | 6/291 | RED DEER |

10K30-39M (Male) - 38 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|----------------|-------|-------------|-------|-----------|--------|--------|----------|
| 1/38 | DARCY, NOEL | 1093 | 00:39:14.83 | 03:55 | +00:00:00 | 3/415 | 3/124 | OLDS |
| 2/38 | CAPICIO, CHRIS | 1499 | 00:39:19.76 | 03:55 | +00:00:04 | 4/415 | 4/124 | RED DEER |
| 3/38 | FOREMAN, STEVE | 1123 | 00:47:12.23 | 04:43 | +00:07:57 | 15/415 | 11/124 | RED DEER |

10K40-49F (Female) - 50 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|--------------------|-------|-------------|-------|-----------|--------|--------|----------|
| 1/50 | VOLK, KRISTI | 1484 | 00:49:26.08 | 04:56 | +00:00:00 | 23/415 | 8/291 | RED DEER |
| 2/50 | FOSTER, DIANE | 1125 | 00:51:43.78 | 05:10 | +00:02:17 | 28/415 | 10/291 | LACOMBE |
| 3/50 | NORTHCOTT, KARILYN | 1311 | 00:52:58.10 | 05:17 | +00:03:32 | 34/415 | 12/291 | DIDSBURY |

10K40-49M (Male) - 22 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|--------|--------|----------|
| 1/22 | SCHULTZ, RUSSELL | 1389 | 00:46:38.75 | 04:39 | +00:00:00 | 12/415 | 9/124 | BASHAW |
| 2/22 | HOFFART, KEVIN | 1161 | 00:49:17.67 | 04:55 | +00:02:38 | 21/415 | 15/124 | RED DEER |
| 3/22 | ASPRINO, OSWALDO | 1025 | 00:54:57.66 | 05:29 | +00:08:18 | 51/415 | 27/124 | RED DEER |

10K50-59F (Female) - 34 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|---------------------|-------|-------------|-------|-----------|---------|--------|-----------------|
| 1/34 | NIELSEN, NANCY | 1304 | 00:54:45.85 | 05:28 | +00:00:00 | 47/415 | 22/291 | 105 AINSWORTH C |
| 2/34 | PLATO, ANNA | 1340 | 00:58:47.42 | 05:52 | +00:04:01 | 94/415 | 48/291 | RED DEER |
| 3/34 | JOHANNSON, LORRAINE | 1188 | 01:01:59.24 | 06:11 | +00:07:13 | 134/415 | 78/291 | RED DEER |

10K50-59M (Male) - 34 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-----------------|-------|-------------|-------|-----------|--------|--------|---------|
| 1/34 | MOORE, KEN | 1288 | 00:41:34.73 | 04:09 | +00:00:00 | 5/415 | 5/124 | LEDUC |
| 2/34 | HENDERSON, KEN | 1159 | 00:44:17.12 | 04:25 | +00:02:42 | 9/415 | 6/124 | CALGARY |
| 3/34 | ANDERSON, DAVID | 1011 | 00:46:28.20 | 04:38 | +00:04:53 | 11/415 | 8/124 | BENTLEY |

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K/6.21 Miles

415 Finishers

10K60-69F (Female) - 5 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|-----------------|-------|-------------|-------|-----------|---------|---------|-----------|
| 1/5 | WISHART, RHONDA | 1491 | 00:55:54.10 | 05:35 | +00:00:00 | 67/415 | 32/291 | CALGARY |
| 2/5 | TALLAS, LOIS | 1434 | 01:15:17.03 | 07:31 | +00:19:22 | 307/415 | 205/291 | RED DEER |
| 3/5 | RICE, BONNIE | 1362 | 01:37:33.66 | 09:45 | +00:41:39 | 398/415 | 278/291 | INNISFAIL |

10K60-69M (Male) - 12 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|--------------------|-------|-------------|-------|-----------|--------|--------|----------|
| 1/12 | BEAUCHAMP, LEONARD | 1036 | 00:48:25.09 | 04:50 | +00:00:00 | 18/415 | 13/124 | RED DEER |
| 2/12 | LEE, DON | 1225 | 00:51:34.98 | 05:09 | +00:03:09 | 27/415 | 18/124 | CALGARY |
| 3/12 | CUTHBERTSON, JOHN | 1090 | 00:53:41.13 | 05:22 | +00:05:16 | 38/415 | 23/124 | CALGARY |

10K70+F (Female) - 1 Competitors

| Cat/PI | Name | Bib # | Time | Pace | Offset | OA/PI | Gen/PI | City |
|--------|------------------|-------|-------------|-------|-----------|---------|---------|----------|
| 1/1 | WOZNIUK, VALERIE | 1494 | 01:35:39.44 | 09:33 | +00:00:00 | 395/415 | 275/291 | EDMONTON |