

2025 Woody's Full/Half Marathons, 10K - Red Deer

Alpha Overall Results

Full Marathon 42.2K/26.2 Miles

138 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
35/138	ADEMA, AMBERLY	102	3:44:55.935	05:19	08:34	FULL19&UF	1/2	F	3/48	3:44:52.934
110/138	AMIRI, MAYSSAM	104	4:48:01.701	06:49	10:59	FULL40-49M	17/21	M	74/90	4:46:57.882
61/138	ANDERSON, JEANINE	106	4:01:32.444	05:43	09:12	FULL30-39F	5/14	F	13/48	4:00:54.335
108/138	ANDREWS, RHONNIE	108	4:44:51.789	06:45	10:51	FULL50-59F	2/3	F	35/48	4:44:15.138
123/138	BANKS, SAMUEL	110	5:16:44.962	07:30	12:04	FULL19&UM	3/4	M	82/90	5:16:33.993
102/138	BARG, KATHERINE	112	4:40:09.674	06:38	10:41	FULL30-39F	12/14	F	32/48	4:39:43.728
75/138	BARRON, CAITI	113	4:13:03.894	05:59	09:39	FULL30-39F	8/14	F	18/48	4:12:12.566
22/138	BARTH, TOM	114	3:34:02.571	05:04	08:09	FULL40-49M	4/21	M	20/90	3:33:56.008
41/138	BARTON, MICHAEL	115	3:48:40.842	05:25	08:43	FULL60-69M	4/8	M	35/90	3:48:31.499
101/138	BEIDA, SAMANTHA	116	4:39:08.480	06:36	10:38	FULL20-29F	7/9	F	31/48	4:38:38.011
43/138	BERNHARD, NATHAN	118	3:53:43.909	05:32	08:54	FULL30-39M	15/32	M	36/90	3:53:30.854
76/138	BERNHARD, RYAN	119	4:15:34.621	06:03	09:44	FULL30-39M	26/32	M	58/90	4:15:21.073
37/138	BICKLEY, ED	120	3:45:43.442	05:20	08:36	FULL60-69M	3/8	M	33/90	3:45:34.489
65/138	BISHOP, JORDAN	121	4:04:16.180	05:47	09:18	FULL30-39M	22/32	M	51/90	4:03:27.665
42/138	CAPPIS, MARIA	309	3:48:51.899	05:25	08:43	FULL40-49F	1/16	F	7/48	3:48:46.765
15/138	CAVE, ALEXANDER	128	3:24:40.033	04:50	07:48	FULL30-39M	7/32	M	14/90	3:24:16.618
3/138	CHESTER, KYLE	131	2:49:49.961	04:01	06:28	FULL30-39M	3/32	M	3/90	2:49:12.040
23/138	CODY, NEAL	303	3:34:45.604	05:05	08:11	FULL40-49M	5/21	M	21/90	3:34:36.041
44/138	COLLINS, SEAN	134	3:55:18.221	05:34	08:58	FULL40-49M	9/21	M	37/90	3:55:15.502
33/138	COPPARD, ROBERT	135	3:44:14.122	05:18	08:33	FULL40-49M	7/21	M	31/90	3:43:59.332
20/138	CORNELSEN, RILEY	136	3:30:08.995	04:58	08:00	FULL20-29M	3/12	M	19/90	3:29:55.114
10/138	CRAIG, RON	318	3:16:24.427	04:39	07:29	FULL50-59M	2/13	M	9/90	3:16:17.442
117/138	CURTIS, JASON	139	5:05:42.643	07:14	11:39	FULL40-49M	18/21	M	77/90	5:05:28.435
104/138	DAY, TESSA	140	4:41:56.782	06:40	10:45	FULL30-39F	13/14	F	34/48	4:41:53.219
131/138	DEIBERT, NATE	142	5:36:45.215	07:58	12:50	FULL20-29M	11/12	M	87/90	5:36:05.904
109/138	DENNING, BRYANY	143	4:47:32.032	06:48	10:57	FULL40-49F	11/16	F	36/48	4:46:35.853
105/138	DEVOST, CARL	144	4:42:57.791	06:42	10:47	FULL50-59M	10/13	M	71/90	4:42:21.205
71/138	DICKSON, TYLER	145	4:10:04.599	05:55	09:32	FULL30-39M	24/32	M	54/90	4:09:40.505
91/138	DIMAYA, ZYRON	146	4:26:53.694	06:19	10:10	FULL30-39M	29/32	M	67/90	4:25:54.935
40/138	DOMBROSKI, JOHN	148	3:47:27.083	05:23	08:40	FULL40-49M	8/21	M	34/90	3:46:59.169
48/138	DOYLE, MURRAY	150	3:57:21.384	05:37	09:03	FULL30-39M	18/32	M	41/90	3:57:08.329
50/138	DUFFY, KYLE	151	3:57:25.086	05:37	09:03	FULL50-59M	3/13	M	43/90	3:56:31.063
107/138	DYCK, JEFF	153	4:44:39.063	06:44	10:51	FULL30-39M	31/32	M	73/90	4:43:46.680
39/138	DYRLAND, DEBBIE	154	3:46:36.763	05:22	08:38	FULL50-59F	1/3	F	6/48	3:46:31.044
116/138	ELLERTSON, KAIDEN	156	5:02:17.611	07:09	11:31	FULL20-29M	9/12	M	76/90	5:01:34.059
63/138	EWING, ZACH	157	4:02:46.038	05:45	09:15	FULL30-39M	20/32	M	49/90	4:02:20.136
80/138	FORD-BARTH, HEATHER	158	4:17:27.025	06:06	09:49	FULL40-49F	4/16	F	21/48	4:17:14.695
28/138	FRIESEN, RICH	161	3:37:24.226	05:09	08:17	FULL20-29M	5/12	M	26/90	3:37:12.014
36/138	FROELICH, AMELIE	162	3:44:56.005	05:19	08:34	FULL20-29F	1/9	F	4/48	3:44:52.513
90/138	FROESE, CATHY	163	4:25:31.193	06:17	10:07	FULL40-49F	6/16	F	24/48	4:25:15.794
26/138	FROESE, COLIN	164	3:36:48.179	05:08	08:16	FULL40-49M	6/21	M	24/90	3:36:42.718
60/138	GOERTZ, ROBERT	166	4:00:42.125	05:42	09:10	FULL50-59M	6/13	M	48/90	4:00:17.046
30/138	GOMBOC, LANDON	167	3:40:55.538	05:14	08:25	FULL30-39M	11/32	M	28/90	3:40:38.335
132/138	GORUK, DIANNE	169	5:41:02.722	08:04	13:00	FULL60-69F	3/3	F	45/48	5:40:22.793
12/138	GRAY, STEVE	171	3:21:14.182	04:46	07:40	FULL60-69M	1/8	M	11/90	3:21:08.087
98/138	GREEN, PATRICK	172	4:33:35.505	06:28	10:26	FULL50-59M	9/13	M	70/90	4:33:19.914
64/138	HANSON, MICHAEL	175	4:03:50.421	05:46	09:17	FULL30-39M	21/32	M	50/90	4:03:31.858
51/138	HARRIS, CRAIG	176	3:57:51.500	05:38	09:04	FULL40-49M	11/21	M	44/90	3:57:45.429
136/138	HEISTAD, EMMA	180	6:28:12.478	09:11	14:48	FULL20-29F	9/9	F	47/48	6:28:05.986
6/138	HENRY, DAN	183	2:58:22.021	04:13	06:48	FULL30-39M	4/32	M	5/90	2:58:20.661
82/138	HEWITT, PATRICK	184	4:18:48.165	06:07	09:52	FULL50-59M	7/13	M	60/90	4:18:44.345
31/138	HILDEBRANDT, TYLER	185	3:42:45.319	05:16	08:29	FULL30-39M	12/32	M	29/90	3:42:28.444
85/138	HILL, MASON	304	4:21:09.588	06:11	09:57	FULL20-29M	8/12	M	63/90	4:20:40.268
57/138	HILLIER, EMMA	186	3:59:27.218	05:40	09:07	FULL20-29F	3/9	F	10/48	3:58:35.467
24/138	IYER, RONA K	188	3:35:21.461	05:06	08:12	FULL19&UM	1/4	M	22/90	3:35:17.613
73/138	JABAGAT, EMILIO	189	4:12:09.543	05:58	09:37	FULL40-49M	13/21	M	56/90	4:11:39.177
111/138	JANZEN, CASSIDY	192	4:50:20.434	06:52	11:04	FULL20-29F	8/9	F	37/48	4:49:57.372
138/138	JOHNSON, KAYLA	194	6:40:02.164	09:28	15:15	FULL30-39F	14/14	F	48/48	6:39:16.321
7/138	JOHNSTON, TYLER	195	2:59:36.110	04:15	06:50	FULL40-49M	1/21	M	6/90	2:59:34.352
84/138	KEELEY, FRANK	197	4:20:20.719	06:10	09:55	FULL60-69M	7/8	M	62/90	4:20:20.131
49/138	KNIGHT, TRISTAN	310	3:57:22.017	05:37	09:03	FULL20-29M	7/12	M	42/90	3:57:05.396

2025 Woody's Full/Half Marathons, 10K - Red Deer

Alpha Overall Results

Full Marathon 42.2K/26.2 Miles

138 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
95/138	KNOTT-FAYLE, GABRIEL	198	4:28:38.014	06:21	10:14	FULL30-39M	30/32	M	69/90	4:27:55.611
92/138	KOZAK, SHANNON	200	4:27:21.187	06:20	10:11	FULL40-49F	7/16	F	25/48	4:26:15.609
121/138	LEE, SHARON	203	5:09:56.518	07:20	11:49	FULL40-49F	14/16	F	41/48	5:09:19.979
66/138	LIU, MICHELLE	204	4:04:40.202	05:47	09:19	FULL20-29F	4/9	F	15/48	4:04:15.075
114/138	LLUPI, BLERTA	205	4:55:32.240	07:00	11:16	FULL40-49F	12/16	F	39/48	4:54:46.723
59/138	MACDONALD, FLORA	207	4:00:18.545	05:41	09:09	FULL19&UF	2/2	F	12/48	4:00:03.685
47/138	MACKENZIE, ADAM	209	3:56:48.501	05:36	09:01	FULL30-39M	17/32	M	40/90	3:56:18.548
106/138	MACKENZIE, MICHAEL	210	4:44:08.385	06:43	10:50	FULL40-49M	16/21	M	72/90	4:43:44.854
83/138	MANTEN, NATHANIEL	212	4:19:15.375	06:08	09:53	FULL30-39M	27/32	M	61/90	4:18:50.063
79/138	MASON, VERNON	215	4:17:22.291	06:05	09:48	FULL60-69M	6/8	M	59/90	4:16:57.246
8/138	MCARTHUR, BRIAN	319	3:08:15.244	04:27	07:10	FULL50-59M	1/13	M	7/90	3:08:09.899
58/138	MCCREARY, FJOLA	311	3:59:36.009	05:40	09:08	FULL40-49F	2/16	F	11/48	3:59:25.575
93/138	MCDERMOTT, SCOTT	216	4:28:11.669	06:21	10:13	FULL50-59M	8/13	M	68/90	4:27:59.715
34/138	MIEDEMA, DAN	219	3:44:55.349	05:19	08:34	FULL30-39M	14/32	M	32/90	3:43:58.700
18/138	MINER, BLAZE	320	3:28:42.608	04:56	07:57	FULL30-39M	9/32	M	17/90	3:28:07.264
130/138	MONTGOMERY, MELBA	312	5:35:29.441	07:57	12:47	FULL50-59F	3/3	F	44/48	5:34:51.332
69/138	MORTIMER, KAILEE	316	4:07:10.366	05:51	09:25	FULL20-29F	5/9	F	17/48	4:06:54.757
103/138	MURPHY, NATALIE	225	4:41:52.423	06:40	10:45	FULL40-49F	10/16	F	33/48	4:41:01.564
74/138	MYNHARDT, HEIN	226	4:12:09.777	05:58	09:37	FULL60-69M	5/8	M	57/90	4:11:22.526
9/138	NAKONECHNY, LUKE	227	3:12:22.225	04:33	07:20	FULL30-39M	5/32	M	8/90	3:12:16.014
89/138	NAVARRO, JOHN DENNIS	228	4:23:35.249	06:14	10:03	FULL30-39M	28/32	M	66/90	4:23:30.045
81/138	NIELSEN, JOANNE	229	4:17:42.565	06:06	09:49	FULL40-49F	5/16	F	22/48	4:17:16.079
2/138	OLSON, NATHAN	305	2:48:55.587	04:00	06:26	FULL30-39M	2/32	M	2/90	2:48:52.967
135/138	OSINCHUK, MICHELLE	230	6:26:39.314	09:09	14:44	FULL40-49F	16/16	F	46/48	6:25:50.166
25/138	OSWALD, KYLE	231	3:35:30.485	05:06	08:13	FULL20-29M	4/12	M	23/90	3:35:24.812
118/138	PELLERIN, JOHNATHAN	235	5:05:46.839	07:14	11:39	FULL40-49M	19/21	M	78/90	5:04:58.464
120/138	PETERS, RICHARD	236	5:09:12.761	07:19	11:47	FULL50-59M	12/13	M	80/90	5:08:17.402
96/138	PHILLIPS, JENNIFER	237	4:30:20.692	06:24	10:18	FULL40-49F	9/16	F	27/48	4:29:41.528
113/138	RANDALL, DON	238	4:54:23.920	06:58	11:13	FULL60-69M	8/8	M	75/90	4:53:55.701
19/138	RATTRAY, ERIC	239	3:29:07.356	04:57	07:58	FULL20-29M	2/12	M	18/90	3:28:49.701
45/138	RATTRAY, SCOTT	240	3:55:25.744	05:34	08:58	FULL40-49M	10/21	M	38/90	3:54:49.438
14/138	RAUCH, DAVID	306	3:24:18.868	04:50	07:47	FULL40-49M	3/21	M	13/90	3:21:47.089
129/138	RAUTENBACH, HENDRIK	241	5:28:29.373	07:47	12:31	FULL20-29M	10/12	M	86/90	5:28:24.873
134/138	REYES, RICARDO	313	6:20:19.956	09:00	14:30	FULL50-59M	13/13	M	89/90	6:17:23.427
99/138	RICHARDS, GINA	244	4:36:17.198	06:32	10:32	FULL30-39F	11/14	F	29/48	4:35:48.697
94/138	ROSIECHUK, TYRION	248	4:28:13.239	06:21	10:13	FULL40-49F	8/16	F	26/48	4:28:00.770
53/138	ROSS, MICHAEL	249	3:58:39.946	05:39	09:06	FULL30-39M	19/32	M	45/90	3:58:23.618
4/138	ROWLEY, STEPHEN	250	2:50:14.641	04:02	06:29	FULL20-29M	1/12	M	4/90	2:50:14.031
88/138	RUSSELL, TYSON	307	4:22:02.648	06:12	09:59	FULL40-49M	15/21	M	65/90	4:21:43.241
112/138	SARGENT, ANN-MARIE	251	4:50:49.983	06:53	11:05	FULL70+F	1/1	F	38/48	4:50:10.560
32/138	SAVILLE, BENJAMEN	252	3:42:54.693	05:16	08:30	FULL30-39M	13/32	M	30/90	3:42:11.427
127/138	SCHNEIDER, NILS	254	5:21:37.626	07:37	12:15	FULL30-39M	32/32	M	85/90	5:21:00.923
46/138	SEELY, JAY	255	3:56:01.931	05:35	09:00	FULL30-39M	16/32	M	39/90	3:55:42.172
52/138	SHELLENBERG, CAROL	257	3:58:08.047	05:38	09:04	FULL30-39F	4/14	F	8/48	3:57:40.343
70/138	SILER, NATE	258	4:07:54.498	05:52	09:27	FULL40-49M	12/21	M	53/90	4:07:15.206
54/138	SIMON, SCOTT	259	3:58:42.805	05:39	09:06	FULL50-59M	4/13	M	46/90	3:58:26.726
133/138	SINGH, JASNOOR	314	6:03:48.344	08:37	13:52	FULL19&UM	4/4	M	88/90	6:03:13.352
125/138	SKWARUK, JESSE	261	5:20:54.690	07:36	12:14	FULL40-49M	20/21	M	83/90	5:20:16.300
55/138	SLOMAN, GLENN	262	3:59:16.462	05:40	09:07	FULL50-59M	5/13	M	47/90	3:59:09.302
29/138	SNETHUN, CARTER	263	3:37:39.508	05:09	08:18	FULL20-29M	6/12	M	27/90	3:37:27.319
62/138	SNOW, TARA	264	4:02:00.688	05:44	09:13	FULL30-39F	6/14	F	14/48	4:01:53.235
56/138	SOMERVILLE, KENNEDY	265	3:59:19.835	05:40	09:07	FULL20-29F	2/9	F	9/48	3:59:06.124
5/138	SPADY, KRISTEN	317	2:54:42.039	04:08	06:39	FULL30-39F	1/14	F	1/48	2:54:40.352
97/138	SPENCE, HILLARY	267	4:32:39.793	06:27	10:23	FULL30-39F	10/14	F	28/48	4:32:13.496
17/138	ST. AMANT, PAUL	268	3:27:07.196	04:54	07:53	FULL60-69M	2/8	M	16/90	3:26:58.337
124/138	STASIUK, COLLEEN	269	5:20:47.143	07:36	12:14	FULL60-69F	2/3	F	42/48	5:20:17.938
119/138	STOCKLEY, GUY	270	5:05:47.096	07:14	11:39	FULL50-59M	11/13	M	79/90	5:04:58.790
86/138	STONE, PETE	271	4:21:16.148	06:11	09:57	FULL40-49M	14/21	M	64/90	4:20:30.679
100/138	THOMAS, EMMA	274	4:39:08.337	06:36	10:38	FULL20-29F	6/9	F	30/48	4:38:37.375
128/138	TIRPAK, TRACEY	276	5:25:02.749	07:42	12:23	FULL40-49F	15/16	F	43/48	5:24:17.492
126/138	TKACH, CAYLEY	277	5:21:02.918	07:36	12:14	FULL40-49M	21/21	M	84/90	5:20:26.379

Alpha Overall Results

Full Marathon 42.2K/26.2 Miles

138 Finishers

O/A	Name	Bib#	Time	Pace/k	Pace/m	Category	Cat/PI	Gender	Gen/PI	Chip Time
21/138	TOMAS, CASSANDRA	278	3:30:57.557	04:59	08:02	FULL30-39F	2/14	F	2/48	3:30:49.375
27/138	TURNER, BRENT	281	3:37:11.806	05:08	08:17	FULL30-39M	10/32	M	25/90	3:36:18.627
68/138	TURNER, STEPHANIE	282	4:06:24.990	05:50	09:23	FULL30-39F	7/14	F	16/48	4:06:15.311
16/138	URNESS, KEVIN	283	3:26:05.883	04:53	07:51	FULL30-39M	8/32	M	15/90	3:26:03.331
78/138	VANDENBERG, JAMIE	285	4:17:15.448	06:05	09:48	FULL30-39F	9/14	F	20/48	4:17:04.666
72/138	VANDENBERG, MICHAEL	286	4:10:04.669	05:55	09:32	FULL30-39M	25/32	M	55/90	4:09:54.004
122/138	VIGLIOTTI, TRISTAN	287	5:16:44.775	07:30	12:04	FULL19&UM	2/4	M	81/90	5:16:33.783
13/138	WAGAR, SHELDON	288	3:24:04.735	04:50	07:47	FULL40-49M	2/21	M	12/90	3:23:55.313
67/138	WAGNER, NEIL	289	4:06:13.553	05:50	09:23	FULL30-39M	23/32	M	52/90	4:05:59.344
77/138	WASSEF, MERIAM	292	4:17:09.073	06:05	09:48	FULL40-49F	3/16	F	19/48	4:16:44.345
87/138	WEIR, THERESE	294	4:21:40.992	06:12	09:58	FULL60-69F	1/3	F	23/48	4:21:10.195
11/138	WHALLEY, JONATHAN	295	3:18:00.613	04:41	07:33	FULL30-39M	6/32	M	10/90	3:17:49.058
38/138	WILLIAMS, BRONWYN	296	3:46:29.122	05:22	08:38	FULL30-39F	3/14	F	5/48	3:46:26.169
1/138	WIZNIUK, DAYLAN	298	2:40:52.497	03:48	06:08	FULL30-39M	1/32	M	1/90	2:40:51.793
137/138	WYNTJES, COLIN	301	6:32:29.444	09:18	14:58	FULL20-29M	12/12	M	90/90	6:31:51.054
115/138	XIAO, NORA	302	5:01:14.242	07:08	11:29	FULL40-49F	13/16	F	40/48	5:00:22.842