

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K/6.21 Miles

394 Finishers

10K15&UF (Female) - 8 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/8	HALE, EMMA	1410	56:26.340	05:38	09:06	+00:00:00	93/394	33/247	RED DEER
2/8	GONDA, FELICITY	1114	57:04.637	05:42	09:12	+00:00:38	94/394	34/247	ERSKINE
3/8	PANGMAN, ATHENA	1459	1:00:34.074	06:03	09:46	+00:04:07	132/394	56/247	RED DEER COUNTY

10K15&UM (Male) - 17 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/17	MELSNESS, EVAN	1207	42:28.062	04:14	06:50	+00:00:00	13/394	12/147	EDMONTON
2/17	GONDA, RYAN	1116	43:13.505	04:19	06:58	+00:00:45	15/394	14/147	ERSKINE
3/17	LAYDEN, REID	1167	44:19.153	04:25	07:08	+00:01:51	18/394	17/147	CALGARY

10K16-19F (Female) - 4 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	ARCHIBALD, DANIELLE	1013	54:52.801	05:29	08:51	+00:00:00	77/394	23/247	CLIVE
2/4	WEIDELL, LILY	1321	57:42.089	05:46	09:18	+00:02:49	108/394	42/247	RIMBEY
3/4	GOYAN, ASHLYN	1119	58:42.348	05:52	09:28	+00:03:49	115/394	45/247	SYLVAN LAKE

10K16-19M (Male) - 7 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/7	MILLS, CODY	1209	36:30.199	03:39	05:53	+00:00:00	7/394	7/147	RED DEER
2/7	CAMPEAU, NICHOLAS	1401	42:39.452	04:15	06:52	+00:06:09	14/394	13/147	BIRCHCLIFF
3/7	CAMERON, DEKLEN	1400	49:07.151	04:54	07:55	+00:12:36	39/394	32/147	RED DEER COUNTY

10K20-29F (Female) - 43 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/43	DAVIDUCK, SEFRAH	1404	45:18.074	04:31	07:18	+00:00:00	25/394	3/247	CALGARY
2/43	CUTTS, CHARLOTTE	1077	46:22.434	04:38	07:28	+00:01:04	33/394	6/247	LACOMBE
3/43	THROCKMORTON, HANNAH	1298	49:18.003	04:55	07:57	+00:03:59	40/394	8/247	CALGARY

10K20-29M (Male) - 20 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/20	HIGHAM, BEN	1137	33:39.857	03:21	05:25	+00:00:00	2/394	2/147	RED DEER
2/20	WEINKAUF, ANDREW	1322	33:52.091	03:23	05:27	+00:00:12	3/394	3/147	EDMONTON
3/20	NEMETHY, ALEX	1422	34:59.355	03:29	05:38	+00:01:19	5/394	5/147	SMITHERS

10K30-39F (Female) - 61 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/61	SCHNARE, JENNA	1273	44:34.856	04:27	07:11	+00:00:00	22/394	2/247	RED DEER
2/61	COLLIER, JODI	1059	46:06.731	04:36	07:26	+00:01:31	31/394	5/247	RED DEER COUNTY
3/61	BHUTANI, PRIYA	1031	47:22.386	04:44	07:38	+00:02:47	37/394	7/247	RED DEER

10K30-39M (Male) - 37 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/37	ARYCHUK, NOAH	1015	32:16.350	03:13	05:12	+00:00:00	1/394	1/147	RED DEER
2/37	BEAULIEU, THOMAS	1398	34:52.840	03:29	05:37	+00:02:36	4/394	4/147	FORT SASKATCHEWAN
3/37	SCHERMERS, ADRIAN	1428	35:39.505	03:33	05:45	+00:03:23	6/394	6/147	LACOMBE

10K40-49F (Female) - 64 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/64	BROTNOV, JENNA	1044	45:32.722	04:33	07:20	+00:00:00	29/394	4/247	RED DEER COUNTY
2/64	DUNCAN, KIRSTEN	1099	49:22.198	04:56	07:57	+00:03:49	41/394	9/247	RED DEER
3/64	THOMSON, NICOLE	1297	51:39.187	05:09	08:19	+00:06:06	51/394	14/247	RED DEER

10K40-49M (Male) - 25 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/25	MCILROY, TREVOR	1200	37:21.573	03:44	06:01	+00:00:00	9/394	9/147	LETHBRIDGE
2/25	KIPKIRUI LANGAT, KEN	1160	38:14.941	03:49	06:10	+00:00:53	11/394	10/147	RED DEER
3/25	DAVIES, CHRIS	1338	44:04.293	04:24	07:06	+00:06:42	17/394	16/147	RIMBEY

10K50-59F (Female) - 35 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/35	ZAMBRANO, MARIA	1432	37:49.392	03:46	06:06	+00:00:00	10/394	1/247	CALGARY
2/35	RAUTENBACH, LOUISE	1257	53:26.951	05:20	08:37	+00:15:37	62/394	17/247	RED DEER COUNTY
3/35	VERBONAC, MARIA	1313	53:45.914	05:22	08:40	+00:15:56	63/394	18/247	CALGARY

10K50-59M (Male) - 22 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/22	MARQUART, DARCY	1383	44:29.624	04:26	07:10	+00:00:00	21/394	20/147	RED DEER COUNTY
2/22	WEBER, KEITH	1365	46:03.122	04:36	07:25	+00:01:33	30/394	26/147	RED DEER
3/22	DEWIT, PETER	1369	50:21.282	05:02	08:07	+00:05:51	42/394	33/147	LACOMBE

OA/PI = Overall Placing

Cat/PI = Category Placing

Gen/PI = Overall Gender Placing

Category Award Results

TOP 3 In Category

10K/6.21 Miles

394 Finishers

10K60-69F (Female) - 27 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/27	FRERE SCHMIDT, RINKY	1340	54:21.892	05:26	08:46	+00:00:00	70/394	20/247	RED DEER
2/27	BAUHUIS, TEENA	1026	55:39.090	05:33	08:58	+00:01:17	85/394	28/247	FOOTHILLS COUNTY
3/27	BIRD, DONNA	1033	57:10.965	05:43	09:13	+00:02:49	96/394	36/247	CALGARY

10K60-69M (Male) - 15 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/15	LEE, MORLEY	1169	45:20.558	04:32	07:18	+00:00:00	26/394	23/147	CALGARY
2/15	WILLIAMSON, RUNDLE	1325	48:53.228	04:53	07:53	+00:03:32	38/394	31/147	CANMORE
3/15	KOSTER, BEREND	1163	55:28.100	05:32	08:56	+00:10:07	81/394	56/147	RED DEER COUNTY

10K70+F (Female) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/5	CURRIE, BLANCHE	1072	1:04:34.821	06:27	10:24	+00:00:00	182/394	94/247	ST. ALBERT
2/5	AYON, SUSAN	1019	1:06:43.890	06:40	10:45	+00:02:09	221/394	119/247	EDMONTON
3/5	HILL, GAIL	1140	1:11:51.388	07:11	11:35	+00:07:16	269/394	151/247	RED DEER

10K70+M (Male) - 5 Competitors

Cat/PI	Name	Bib #	Time	Pace/k	Pace/m	Offset	OA/PI	Gen/PI	City
1/4	MCNULTY, PAT	1204	57:12.279	05:43	09:13	+00:00:00	97/394	61/147	RED DEER
2/4	MOE, GARY	1213	1:04:38.899	06:27	10:25	+00:07:26	184/394	90/147	JARVIS BAY
3/4	COUSINE, STEVE	1368	1:05:40.844	06:34	10:35	+00:08:28	204/394	96/147	BLACKFALDS